

# CRESTWOOD Lunch Menu SUMMER 2020

**SESSION 1 July 6 - July 24**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



**6**  
Chicken Tenders  
Peas  
Fresh Tossed Salad  
Fresh Fruit

**7**  
Grilled Cheese  
String Beans  
Fresh Tossed Salad  
Fresh Fruit

**8**  
Popcorn Chicken  
Corn  
Fresh Tossed Salad  
Fresh Fruit

**9**  
Mac and Cheese  
Broccoli  
Fresh Tossed Salad  
Fresh Fruit

**10**  
Pizza  
Peas  
Fresh Tossed Salad  
Fresh Fruit

**13**  
Spaghetti & Meatballs  
Corn  
Fresh Tossed Salad  
Fresh Fruit

**14**  
Mozzarella Sticks  
Sweet Potato Strips  
Fresh Tossed Salad  
Fresh Fruit

**15**  
Chicken Nuggets  
Peas  
Fresh Tossed Salad  
Fresh Fruit

**16**  
Baked Ziti  
String Beans  
Fresh Tossed Salad  
Fresh Fruit

**17**  
French Toast Sticks  
Bagels  
Fresh Tossed Salad  
Fresh Fruit

**20**  
Quesadillas  
Chicken w/Cheese  
Cheese  
Broccoli  
Fresh Tossed Salad  
Fresh Fruit

**21**  
Chicken Tenders  
Mixed Veggies  
Fresh Tossed Salad  
Fresh Fruit

**22**  
Grilled Cheese  
Peas  
Fresh Tossed Salad  
Fresh Fruit

**23**  
Popcorn Chicken  
Corn  
Fresh Tossed Salad  
Fresh Fruit

**24**  
Mac and Cheese  
Broccoli  
Fresh Tossed Salad  
Fresh Fruit

## Snacks

Apple & Eve Juices are served every morning along with assorted crackers, pretzels and cookies  
Ice Cream and Ices are served every afternoon

## Substitutes

**ALWAYS AVAILABLE**

Hamburger • Kosher Frankfurter (ages 5 and older)  
Sliced Turkey Breast • Tuna Salad • Egg Salad  
Low Fat Yogurt • American Cheese  
Veggie Burger • Soy Nut Butter  
Pasta • Grilled Cheese

## Drinks

Apple & Eve Juices  
Milk  
Skim Milk  
Ice Water

Crestwood will do its best to meet special dietary needs.

