

CRESTWOOD TEENS OVERNIGHT TRIPS 2010 FACT SHEET
JOE CRIMI, DANIELLE SUCHOW - PROGRAM DIRECTORS

1. ALL TEENS' LUGGAGE MAY BE CHECKED.

2. The parent is responsible for picking up the teen when the buses arrive at 300 Lanes, formerly Melville Bowl. Parents should leave their cell phones on & let their teens know what phone number they'll be at while teens are traveling.

TRIP	DAY	DROP-OFF	BUS LEAVES	DAY	PICK-UP
BALTIMORE (ALL TEENS)	WEDNESDAY 7/7	REGULAR	9:30 AM	THURSDAY 7/8	6 PM

3. HOTELS

Baltimore 7/7 – Days Inn Inner Harbor 100 Hopkins Place Baltimore, MD 21201
Phone 410 576-1000 Fax 410 576-9437

- At the hotel, teens will sleep 4 to a room in two double beds. Fire Codes prohibit rollaway beds in the room. Program Directors have the final say in determining room assignments.
- There will be an evening activity planned so it will be difficult for a teen to be reached in the rooms. We will arrive at the hotels after 11 PM. If you need to get in touch with your teen, a message can be left at the hotel.
- The teens will be allowed to call home *during the designated times in the hotel before curfew only.* Parents should not make any late night calls to the program directors for their teens except in an emergency. If you have a specific time that you need to have your teen contact you, tell your teen and let a teen staff member know so arrangements can be made. Make sure that your teen is clear on how often you him/her expect to call.
- It is important that teens get enough sleep. Speak to your teen about this issue. It will be discussed in great detail by the Teen Staff.
- It is important that teens follow the "Teen Hotel Rules", for safety and to not disturb other hotel guests. Remind your teen that there is a "Zero Tolerance" policy about leaving the room except for an emergency.

4. WHAT TO BRING - It is advisable to travel as light as possible.

- ❑ Any medicines needed (Crestwood must receive signed medication form – available on our website), prescription glasses. Have your teen give the medicine to the person in charge of the trip on Wednesday morning.
- ❑ personal toiletries - toothbrush, toothpaste, deodorant, hairbrush, etc.
- ❑ shorts, tee shirts, undergarments, and socks for the next day
- ❑ The temperature tends to be very hot & humid during the day in July.

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- ❑ camera, baseball hat, sun glasses, sunscreen, a poncho, spending money.
- ❑ movies or something to read for the bus (video games are permitted)
- ❑ bathing suits, towels, aqua shoes or sandals for the pool area.
- ❑ Travel bag for daily use (the Crestwood bag given out at the parent orientation is strongly recommended), plastic bags to separate dirty and clean clothes
- ❖ Please note – There are several teens going on these trips who have severe allergies to peanuts! It is essential that teens follow Crestwood policy and NOT bring any food or candy from home that contain peanuts, peanut oil or any peanut products. If there are any questions, speak to one of the program directors!
- This sheet has been given to the teens at the orientation for the trips and has been put on the website.

5. Individual trip and itinerary

Baltimore -

- Teens will be outdoors in Baltimore in the evening. The temperature may cool off enough where a sweat shirt could be needed.
- Recommended spending money - \$\$ 50. Most of the money would be used the first day.
- At least 6 movies are needed for the trip.

Baltimore Itinerary –

Wednesday 7/7

1. lunch at Maryland House
2. Arrive in Baltimore
3. choice of going to the National Aquarium or exploring the Inner Harbor
4. dinner at Amicci's in Little Italy.
5. check into the hotel
6. Baltimore Comedy Factory
7. hotel – immediate curfew

Thursday 7/8

1. buffet breakfast in restaurant
2. Maryland Science Center in Baltimore's Inner Harbor – teens have option of touring the Inner Harbor.
3. lunch at the Hard Rock Café
4. depart Baltimore