

CRESTWOOD TEENS OVERNIGHT TRIPS 2010 FACT SHEET
JOE CRIMI, DANIELLE SUCHOW - PROGRAM DIRECTORS

1. Parents are responsible for bringing the teen to Crestwood on time for the trips. **IT IS ESSENTIAL THAT WE LEAVE ON TIME. ALL TEENS' LUGGAGE MAY BE CHECKED.**
2. The parent is responsible for picking up the teen when the buses arrive at 300 Lanes, formerly Melville Bowl. Parents should leave their cell phones on & let their teens know what phone number they'll be at while teens are traveling.

TRIP	DAY	DROP-OFF	BUS LEAVES	DAY	PICK-UP
VIRGINIA (PLUS)	MONDAY 7/12	6 AM	6:30 AM	THURSDAY 7/15	10 PM

3. HOTEL Virginia 7/12 – 7/14

Crowne Plaza Williamsburg at Fort Magruder, 6945 Pocahontas Trail, Williamsburg, VA 23185
 Phone - 757-220-2250 FAX 757-220-9059

- At the hotel , teens will sleep 4 to a room in two double beds. Fire Codes prohibit rollaway beds in the room. Program Directors have the final say in determining room assignments.
- There will be evening activities planned so we can rarely be reached in our rooms. Depending on the activities, we will arrive at the hotels after 10 PM. If you need to get in touch with your teen, a message can be left at the hotel.
- The teens will be allowed to call home *during the designated times in the hotel before curfew only.* Parents should not make any late night calls to the program directors for their teens except in an emergency. If you have a specific time that you need to have your teen contact you, tell your teen and let a teen staff member know so arrangements can be made. Make sure that your teen is clear on how often you him/her expect to call.
- On a 4 day trip, it is important that teens get enough sleep. Speak to your teen about this issue. It will be discussed in great detail by the Teen Staff.
- It is important that teens follow the “Teen Hotel Rules”, for safety and to not disturb other hotel guests. Remind your teen that there is a “Zero Tolerance” policy about leaving the room except for an emergency.

4. WHAT TO BRING - It is advisable to travel as light as possible.

- Any medicines needed (Crestwood must receive signed medication form – available on our website), prescription glasses. Have your teen give the medicine to the person in charge of the trip on Monday morning.
- personal toiletries - toothbrush, toothpaste, deodorant, hairbrush, etc.
- shorts, tee shirts, undergarments, and socks for the additional 3 days
- Virginia’s temperature tends to be very hot & humid during the day in July.
- camera, baseball hat, sun glasses, sunscreen, a poncho, spending money.
- movies or something to read for the bus (video games are permitted)

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- ❑ bathing suits, towels, aqua shoes or sandals for the pool areas and amusement parks
- ❑ Travel bag for daily use (the Crestwood bag given out at the parent orientation is strongly recommended), plastic bags to separate dirty and clean clothes
- ❖ Please note – There are several teens going on these trips who have severe allergies to peanuts! It is essential that teens follow Crestwood policy and NOT bring any food or candy from home that contain peanuts, peanut oil or any peanut products. If there are any questions, speak to one of the program directors!
- This sheet was given to the teens at the orientation for the trips and was put on the website.

5. Individual trip and itinerary

Virginia

- Recommended spending money - \$ 100. Suggested breakdown - Monday 20%, Tuesday 50%, Wednesday 20% and Thursday 10%
- Money may be put in sealed separate envelopes and given to the staff to hold. Put your teen's name on each envelope, along with the date to be given out and the amount.
- At least 16 movies are needed for the trip.
- Bathing suits are needed for Virginia Beach, Beaver Dam Swim Club and the water park in Paramount's King's Dominion. Due to the fact these water venues are NOT affiliated with a hotel, a towel should be brought
- There may be time to use the pool in the hotel.
- There will be evening outdoor activities every night. The weather may cool off to the point where teens may need a sweat shirt.

Virginia itinerary

Monday 7/12 –

1. depart Crestwood – breakfast stop on road
2. King's Dominion – lunch and dinner in park
3. depart for Crowne Plaza Fort Magruder

Tuesday 7/13 –

1. Breakfast in hotel
2. Jamestown Settlement
3. Virginia Beach - lunch on beach
4. dinner at Captain George's

Wednesday 7/14 –

1. Breakfast in hotel - use of game room or pool in AM
2. Busch Gardens – lunch and dinner in park

Thursday 7/15 –

1. Breakfast in hotel
2. Beaver Dam Swim Club – lunch at club
3. dinner on road
4. arrive at Melville Bowl