

# **CRESTWOOD COUNTRY DAY SCHOOL**

## **SUMMER INFORMATION GUIDE**

### **Summer 2010**

Dear Crestwood Families,

Thank you for entrusting your children to us. The Safety Institute, Safety Underwriters, ACA and The Huntington Chamber of Commerce, have all confirmed that CRESTWOOD COUNTRY DAY SCHOOL provides children with the absolute finest and safest summer program. While in our care, your child will be in the premium, most enjoyable, nurturing and protected environment.

This indexed booklet serves as an easy and convenient reference guide, answering common questions that you may have regarding the CRESTWOOD experience. Please keep it in a readily accessible location.

Cordially,

Directors  
Mark Hemmerdinger  
Jeff Deutsch

Owner-Director  
Bruce Schnittman

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## **PROGRAMS**

### **SESSIONS**

8 weeks

6 weeks (first six or last six)

4 weeks (first four or last four)

Any 30 days-schedule must be submitted by June 1st

### **FULL DAY**

Ages 2½-16; Buses arrive between 8:45-9:20; Bus Departure begins at 4:00 p.m.; five, forty minute a.m. periods; five, thirty-five minute p.m. periods.

### **MINI DAY**

Pre-Schoolers (2½-4year olds) only- 10:15 a.m.-2:30 p.m.; Choice of three or five days per week.

### **JUNIOR DAY**

Pre-Schoolers through Kindergarten only. Choice of 3 days or 5 days per week; 9am-2:30pm or 10:15am-4pm

### **SPECIAL PROGRAMS:**

#### **TEEN & TEEN PLUS**

7th-10th Graders; co-educational; includes daily trips to Tri-State area attractions, including amusement parks, shows, Jersey Shore, sporting events, and much more, plus the opportunity to participate in some athletic and recreational activities. The program combines action day trips, with the occasional use of the Crestwood facilities. One or two 2-day overnight trips are included in the program.

Teen Plus includes all of the above, plus two extended overnight trips (4 to 5 days in length), one in July and one in August to national (and sometimes international) major attractions where Teens stay in luxurious hotels. Trip schedules are available on our website [www.crestwoodcountryday.com](http://www.crestwoodcountryday.com).

#### **SUPER REC PROGRAM**

5th and 6th Graders- separate programs for Boys and Girls; our traditional summer recreation program is augmented for our pre-teens by the addition of elective periods, many trips, and an on-site or off-site overnight. 5th Graders-minimum of 1 trip per week; 6th Graders-minimum of 2 trips per week. Trip schedules are available on our website [www.crestwoodcountryday.com](http://www.crestwoodcountryday.com).

#### **PARENT/ CHILD PROGRAM**

Program for 18 months to 30 months old and a parent- The day begins at 10:40 a.m. and concludes at 1:10 p.m. one day per week. Activities include Red Cross swim instruction, arts & crafts, sports (movement), dance, music, pony rides, hot lunch, nature and much more.

## **APPRENTICESHIPS**

10th-12th Graders- apprentices have varied work responsibilities during the summer but also enjoy access to CRESTWOOD facilities. The classifications are:

Specialty- assist specialists four days per week in areas such as tennis, arts and crafts, drama, etc. The position includes weekly day trips to local attractions but does not include an end of summer salary.

Office/General- assist at security and with mailings, inventory of equipment, towel distribution, errands, etc. Position is five days per week and includes an end of summer salary.

Pool Records- assist with pool records, etc. Position is five days per week and includes an end of summer salary.

Athletic Shack-inventory equipment, distribute/collect equipment, etc. Position is five days per week and includes an end of summer salary.

Pony- assist with children's pony rides, feed and groom ponies, and keep the corral clean. Position is five days per week and includes an end of summer salary.

Nurse- assist with record keeping and other duties in the nurse's office. Position is five days per week and includes an end of summer salary.

The tuition for all apprenticeships includes transportation to and from CRESTWOOD, hot lunches, the use of available facilities during breaks, and 3 apprentice tee shirts. Apprenticeships require an eight-week commitment. Please call for further information.

## **BEFORE CARE/AFTER CARE**

Crestwood provides before care and after care for our working parents. We have staff members available as early as 7:30 a.m. and as late as 6:00 p.m. This service is compliments of Crestwood as long as you do not receive Crestwood transportation during the summer and notify us by June 1st. For other Before Care/After Care needs, please call our office. A fee may apply.

## **VISITING**

We welcome your visits throughout the year.

**Fall-** Monday-Friday, 9 a.m.- 5 p.m.; weekends by appointment.

**Winter and Spring-** Monday-Friday, 9a.m.- 5p.m.; Weekends 11:00a.m. - 3:00 p.m.

Weekends July-August (during the summer session) 10-3pm

**Summer** - Open visiting for 1st-6th Graders begins the second week of the summer session, Mondays-Thursdays (**NO** visiting on Fridays due to special events, Rainy Days, or the last day of camp). General visiting hours are 10:00 a.m.-2:30 p.m. weekdays. While we have a very liberal visiting policy, we realize that there can be a change in the dynamics of a group at an activity when there are visitors present. Our goal is for your child to have a great experience at Crestwood. In order to maintain an appropriate balance between parental visits and fostering independence in the children who attend Crestwood, each family will be allowed a set number of visits per summer as follows (the specific days are your choice): Full summer program-4 visits; 6 weeks (or any 30 days)-3 visits; 4 weeks-2 visits.

\*Pre-School and Kindergarten groups have special Visiting Days scheduled. You will receive a notice when these are to occur.

\*Please refer to our Summer Visiting Handbook (to be sent separately via email and available on our website) for more detailed information and special situations.

\*Visiting hours are strictly enforced during the summer for the safety and security of the children.

\*When visiting during the summer session, please park only in the areas designated by our security staff.

\*In the interest of our children's safety, Security Passes, which will be sent to each enrolled family in June, and/or photo ID must be presented to security to gain access on to the Crestwood grounds. Under no circumstances may any motorized vehicles be driven up the road leading to the office during program hours. A Golf Cart may be acquired by security to transport a sick child, or if a visitor has difficulty walking.

\*Visiting ends promptly at 2:30 p.m. so that arriving buses may get into place for dismissal. Those vehicles remaining in the parking area are usually blocked in until after all the buses have departed.

\*When picking up youngsters, please feel free to drive up the road after 4:20 p.m.

Visitors/Pickups will not be allowed between 2:30 p.m. and 4:20 p.m.

Weekends July-August (during the summer session) 10-3pm

### **PRE-SUMMER SPECIAL VISITING DAYS**

#### **CLOTHING AND FAMILY FUN DAY**

Clothing and Family Fun Day, traditionally conducted the third or fourth Saturday in June, is an opportunity for families to visit CRESTWOOD, familiarize themselves with their child's bunk and cubby, drop off recommended clothing for use during the summer, meet key members of the CRESTWOOD team and generally enjoy the grounds and facilities. It is a time when your child can familiarize themselves with their surroundings for the perfect adjustment.

Spend the day experiencing the thrills of soaring through the air on our amazing zip line, splashing down the super water slide or take the Tarzan rope challenge. If it's sports you like, play along with our specialists in the many clinics we offer or choose to relax on our Crestwood train while waiting a turn to take a pony ride. There is something new to try every year. The day is filled with fun for the whole family to enjoy.

All CRESTWOOD Administrators, pre-school, kindergarten and first grade Group Leaders will be on hand and available to assist you. Also, the Swim Directors and Nurses will be available for consultation. The list of recommended clothing to be brought this day includes: three bathing suits, one sweatshirt, one extra t-shirt, one pair of shorts, one pair of jeans/sweatpants, one pair of socks and underwear, sunscreen and an inexpensive raincoat. Softball gloves are welcome, but optional. Pre-K and Kindergartners only- diapers for those not toilet trained.

### **PERSONAL PROPERTY/LOST AND FOUND**

Bathing suits are sent home with the children in a plastic bag for laundering at the end of each week and should be returned with your child at the beginning of the following week. Other soiled articles are sent home as needed.

Each group has, in its bunk, a lost and found container. It is strongly recommended that all of your child's belongings be labeled, utilizing an indelible marker. We also urge parents to discourage children from bringing or wearing to CRESTWOOD anything of value including jewelry, electronic equipment or items of personal or sentimental value. Cell phones are not permitted. Crestwood will not assume responsibility for the loss of money or valuables.

Following each summer season, all belongings which are left behind are sorted and displayed in a central area for examination by families with lost or misplaced articles. After a week's time, all unclaimed items are donated to charity. Lockers are provided to 4th graders and older, allowing the child to lock his/her belongings. Please send a combination lock so that misplaced keys will not be a problem.

### **COMMUNICATION**

Communication is the lifeblood of our outstanding relationship with CRESTWOOD families.

When should I call? Call anytime you like; key personnel are here on summer weekdays from 7:00 a.m. to 6:00 p.m. Please remember though, the vast majority of staff are on the grounds involved with the children during the day and may not be able to receive your call (or return it) until after the buses have departed. On weekends during the summer there is an Administrator on call between 10:00 a.m.- 3:00 p.m.

Personal information forms, mailed to registered families prior to the start of summer, serve as a very valuable tool for us to know and understand from the outset the likes, dislikes, habits and individual needs of your child. Each group leader will carefully read and commit to memory the important traits about your child that will help them in their quest to give your child a perfect summer. We appreciate your candor in this sharing of information and, be assured, it will be used professionally in the strictest confidence. These forms are also available on our website [www.crestwoodcountryday.com](http://www.crestwoodcountryday.com).

Once a month, your child's Group Leader will submit to you a progress report. These reports share with you pertinent information on your child's growth including new skills, special interests, swim progress and any additional input and observations of which you should be aware.

Your child's Group Leader will telephone you at least twice over the course of the summer. Originally, your group leader will want to introduce himself or herself, give and receive feedback on your child's initial experiences, share philosophies and generally open lines of communication.

Throughout the summer and during the year, Crestwood will send out e-newsletters to keep you abreast of exciting news and happenings. Wherever possible, all written communications will be done via e-mail. All e-newsletters for the entire season are available on our website if you ever miss one. If you are not receiving our e-mails or need to change your e-mail address, please contact our office.

We prefer that routine day-to-day correspondence take the form of written communication, which may be delivered by your child's bus counselor. It cannot be stressed enough that all notes be written on the Crestwood Transmittal Notes, which we will provide you. Notes can be faxed to us (631) 692-6987. We suggest that you notify us by 8:00 a.m. if there is an immediate action to be taken at the start of the day, for example, "my child has a cold and shouldn't swim."

Please remember that, by nature, oral messages have an unpredictable fate. Your bus counselor is trained to receive and properly distribute written information to Group Leaders, Counselors, Division Heads and Administrators.

In addition, we may distribute and general literature (announcements of photo day, and other special events.) individual notifications (Red Cross swim cards, progress reports, etc.) via your bus counselor and or your private driver . For those of you who provide your own transportation, please check with a staff member when you pick up your child.

At the end of each summer, we e-mail home to all our families an evaluation form and survey. These forms asks that you share with us your opinions and observations of your child's experience. We place great value on your feedback, so much so that we respond personally. Whether it be minor or major, many decisions have been facilitated through open communication.

## **TRANSPORTATION**

Most children view the bus ride as one of the enjoyable activities of their day. It is an opportunity to bond with friends and neighbors and sing songs learned at CRESTWOOD or on the bus, and have periodic parties. All Crestwood buses are air-conditioned for additional comfort.

CRESTWOOD uses every means necessary to ensure your child's bus safety. We use only professional drivers with Commercial Driver's Licenses. We also require that each child be secured in a safety belt, we provide a bus counselor, plan all bus routes to minimize travel time, and have communication devices on the buses in case of an emergency.

In fairness to everyone, bus routes are formed so that the first child picked up in the morning is the first child dropped off in the afternoon. Therefore, in the majority of instances, all children's cumulative time on the bus is equal. Exceptions may involve those children residing on the outskirts of routes; their travel time may be longer. Additional exceptions may involve situations where a child's morning bus route and afternoon bus route may vary greatly (for example Junior Day). In some situations, we recruit mature staff members with impeccable driving records to

provide private transportation for these children free of charge, in an effort to minimize travel time. We insure their personal vehicles with the same coverage as our buses.

Our bus counselors and drivers spend countless hours prior to the first day of the summer session familiarizing themselves with their route. They chart the most efficient course, submit a detailed written account, and introduce themselves to each family (leaving a contact phone number, approximate pick-up time, and a set of bus guidelines).

Each morning and afternoon the bus stops at your house. We ask that in the morning your child be ready. Even a minutes delay by just a few people will adversely affect schedules. The bus counselor will assist your child onto the bus and will see that the seat belt is securely fastened. Parents are not allowed on the bus.

We will not drop a child off at home at the end of the day unless there is a recognizable and authorized individual to greet him/her. If no one is home to greet a child, that child will be retained on the bus. The bus will continue with its scheduled drop-offs, then, following the completion of the entire route, and if feasible, will return a second time to the home of that child. If a parent or guardian is again not available, then the child will be brought back to CRESTWOOD where the parent can pick up the child. If your child is planning to go home on a different bus or is to be dropped off at a location other than your home, we require written permission. For the safety and security of the children, we cannot accept telephone requests. If you do have a last minute change of plans, you may fax us your written request. Please remember that most mini buses are filled to capacity. A child may ride on another bus only if space permits.

Each morning, as the children arrive, they are greeted warmly the moment they step off the bus by either their Division Head, Group Leader or a Counselor. They are then escorted to their group's designated area. At dismissal these same staff members walk the children to their buses.

The first few days of summer you may expect a slight deviation from what will become a very regular bus schedule.

If you drive your child to Crestwood please drop your child off between 8:30 a.m.-8:40 a.m. so you will not get caught up with the arriving buses. A designated area adjacent to Visiting Parking is for morning drop off. An administrator will greet your child every morning. **All afternoon pick-ups must be made prior to 2:30 p.m. or after 4:20 p.m.** Between 2:30 p.m. and 4:20 p.m., cars or visitors will not be allowed on the Crestwood road for the safety of our children and staff; Exceptions to this policy will not be allowed. Please send in a note with your child or fax it to us on the day that you plan on picking up your child. Please include the appropriate time for us to try and have your child ready to be picked up.

### **LUNCH AND SNACKS**

CRESTWOOD's food service operation is the most comprehensive in the industry. An important objective of ours is to help your child explore new interests and experiences. A variety of meals widen a child's eating experiences. We intend to broaden your child's culinary

horizons and this is more likely to occur when he is eating with friends. A nutritionally balanced hot meal is important at mid-day for growing children who are involved in an active recreational program. This diversity of hot and nutritious meals are served family style by a service oriented and courteous waiter/waitress staff. The children may always have as many helpings as it takes to satisfy their appetite. Additionally, our counselors sit with the children during meals to monitor what they eat.

Prior to the start of each session you will be provided a menu and a sub form (blank menu). Please review and discuss this menu with your child. There are bagels with low fat cream cheese, butter, jelly and salad available on the table at all times. In addition, a variety of hot and cold substitutions are available upon request and are listed on your menu. If your child would like one of these substitutes for lunch, please fill in the appropriate matching spot on the sub menu form with the substitution choice. If a sub menu is not submitted, then your child will have the meal of the day. On any given day a child may change his/her mind and still be able to have a substitute lunch. Please bear in mind that our priority is to get the family style meal to the table in a timely fashion and substitutes that are not pre-ordered may take a little longer to process.

Because recent medical reports have expressed concern regarding the eating habits of our nation's youth, CRESTWOOD is doing its nutritional part. Our meals average well below the 30% recommendation for calories from fat, for example. We offer macaroni & cheese and Italian dishes that are Lean Cuisine, our frankfurters have 30% less fat than regular beef hot dogs, the mayonnaise is low fat with no cholesterol and fresh fruit is always on the table. We serve natural, real fruit juices and skim milk (whole milk is available by request). We use canola oil, no trans fats, when offering anything fried and employ many other measures so that your child is eating healthy. If your child has an unusually selective appetite, is allergic to specific ingredients or requires a deviation from our traditional meal program, please phone us so we can discuss options. All groups will enjoy a pizza picnic once a week with whole wheat pizzeria pizza delivered fresh each day. At the picnic, those children whose birthdays fall during that week will enjoy a special dessert as well, supplied by Crestwood. Should you wish to provide party favors, please contact your child's group leader.

Due to the ever increasing number of children with various food allergies and our awareness of a nutritionally sound day, we do not allow any food or snacks to be brought into Crestwood. We will supply the snacks for the bus parties, birthday parties and for all other occasions.

### **SAFETY/NURSING CARE/MEDICATIONS**

Nurses direct phone number: (631) 692-5224 (during summer session).

Your child's physical welfare is of utmost importance to us. CPR and First Aid courses are mandated by CRESTWOOD for all key personnel. Laws require one individual with these certifications for every two hundred children; we average one per thirty.

We require batting helmets and catcher's gear for softball, forbid all except older children to walk the grounds unescorted, place helmets (with a fresh piece of plastic underneath) on children riding ponies, ban horseplay of any kind in the pool area, require safety belts be worn by all

children being transported, routinely close facilities deemed too slippery because of rain and strictly enforce dozens of additional regulations established to protect our children.

We have three registered nurses on duty at all times. Our staff is trained to utilize nursing services for all aches or injuries no matter how routine. Every visit, each bump, bruise, and bellyache is investigated, treated and recorded. Parents are always consulted on illnesses or injuries of any consequence. Our nurses also dispense medications as required, but ONLY with written authorization from both a child's parents and personal physician.

**Parents are asked to keep their child home if he or she shows symptoms of any of the illnesses below.** You may be contacted by our nurse to take your child home if he or she is suffering from or develops any of the following:

- Any signs of possible illness or inability to function in a group setting
- Fever higher than 100 degrees F. A child must be fever free for 24 hours before returning
- \*\*Diarrhea (see below)
- Episodes of Vomiting
- Presence or development of an eye, ear or throat infection that may be considered contagious (i.e. pink eye, strep throat, etc).
- Persistent cold symptoms-repeated episodes of coughing, sneezing, nasal discharge
- Severe itching of the body or scalp
- Any contagious diseases such as mononucleosis, chicken pox, strep, etc.

We require that any child planning their return to CRESTWOOD after contracting a contagious/communicable illness provide us with written clearance from a physician.\*\*Any person (child or adult) who has diarrhea, will not be allowed in the pools as stated by the Board of Health.

Children who are medically limited (casts, sprains, ear infections, etc.) are welcome and encouraged to continue attending CRESTWOOD. We will individualize a program to meet their needs. Should an unfortunate occurrence curtail your child's ability to participate in any area of our program, please telephone us so that we may customize a program.

As part of our standard registration procedure, we request that each child submit a medical information form listing all pertinent medical information including allergies, asthma, any medications plus any other physical characteristics which should be monitored. These forms are read by our nurses and are kept on file for quick reference in the nurse's quarters. This form is available on our website at [www.crestwoodcountryday.com](http://www.crestwoodcountryday.com).

We employ a certified lifeguard to chaperone those groups who enjoy visits to the beach (5th Grade and above). We place administrative supervision in all areas that present a safety concern including: playgrounds, swimming pools, bus arrival, and departure areas (all CRESTWOOD administrators, without exception, have bus area responsibilities) and sites that have a higher child concentration (special events, etc.).

## **REMEDIAL/ENRICHMENT PROGRAMS**

CRESTWOOD'S skilled staff is available before traditional hours to those children who request their services on a subcontracted basis. Offerings include reading, tennis, swim, math, golf, and most other skill areas.

## **FINANCIAL**

CRESTWOOD has several tuition rates. We diligently and painstakingly plan throughout the ten months preceding the upcoming summer. As a result, our earliest and best rate for the following summer is applicable through the last day of the present summer program. We also provide discounts for those families sending two or more children.

Our tuition includes door-to-door, air-conditioned transportation, a daily hot meal, two snacks daily, Crestwood T-Shirt, towel service twice a day, and tuition refund insurance. All instruction and all materials used in each scheduled activity are also included. There are no extra charges.

Tuition refund insurance will reimburse you for any days your child misses, because of illness, after the seventh consecutive day of absence. To qualify, a doctor's note is required after your child returns.

Tipping of staff is optional. If you choose to tip and are unsure of how much, please call the office for guidance.

## **DRESS**

CRESTWOOD employs no dress code for the children. Common sense dictates that each child dress as comfortably as possible including light colored cotton shirts, shorts and socks. We strongly urge all children to wear sneakers to minimize foot injuries. We recommend that no child wear earrings or other jewelry, for safety reasons. Please avoid dressing your children in expensive clothing.

CRESTWOOD shirts, provided prior to the summer, are optional wear except on picture day.

## **GROUP AND INDIVIDUAL PHOTOGRAPHS**

Early in the summer's second session, group and individual photograph schedules are established. Correspondence is sent home to parents giving notification of this date. This is the only date during the summer that we request the children wear their CRESTWOOD shirts. The purchase of photographs is optional.

Children registered for the first four-week session of the summer are always welcome to return with their parent for participation in photos.

### **RAINY DAYS**

On rainy days, kindergarten groups and older leave the grounds for half a day. Based on that day's lunch schedule, half the program will go off for the morning and half for the afternoon. Of course, if the weather clears and the facilities are deemed safe, we will not automatically send the afternoon group off grounds.

Rainy day activities may include playhouse, bowling, amusement centers, athletic centers, and a host of additional indoor areas. Facilities are selected which promote healthy physical, educational, recreational and social activities.

During the non-summer season we actively visit prospective rainy day facilities. A primary criteria for consideration of an activity center is that we receive an 'exclusive' agreement for use. We request that on rainy days these establishments remain closed to the general public. We do this to ensure our children and parents the peace of mind and highest standards of safety and security. Administrators accompany groups off the grounds and oversee each facility. Also, we assign many additional staff members (often specialists whose activity is rained out) to the various outings to provide that extra level of supervision. This abundance of adult chaperones permits us to station key personnel at all entrances and exits, adjacent to rest rooms and all other areas requiring constant supervision.

When visiting rainy day facilities, be assured that CRESTWOOD is providing everything for your child's recreational enjoyment. There is no need to provide your child with funds for vending machines, interactive games, admission fees or other attractions.

### **HOT WEATHER**

Occasionally, a summer day brings unseasonably hot weather. Our course of action includes: scaling down activities so that the children aren't overexerted, providing extra swim periods, setting up sprinklers, going through our Kid Wash and other water activities plus connecting and turning on water hoses throughout the grounds. We do encourage children to bring water bottles (please use caution, some have delicate tops which the children may choke on) and we have water fountains at virtually all key areas of our campus. CRESTWOOD is geographically situated on the crest of a hill (affording us summer breezes) and has more than a generous number of shade trees throughout the grounds. All of Crestwood's indoor facilities, including all bunks (changing rooms), and our gymnasium are air-conditioned and also provide a break from the hot weather.

Parents should consider applying sunscreen to their children in the morning. CRESTWOOD staff will also apply sunscreen if you so request. Please send a supply of the product you prefer, labeled with your child's name, along with your application instructions.

### **CHILD MEDICAL INSURANCE**

CRESTWOOD provides, as part of its tuition, a secondary child medical insurance program. This program will reimburse for medical expenses incurred while a child is under our care. It

takes effect after your family's primary coverage has satisfied its obligation. Upon receiving a copy of your insurance statement, we will immediately reimburse you for uncovered fees. This applies only to families whose children are covered by their own medical insurance.

### **ELECTIVE PROGRAMS/CLUBS/CLINICS**

Every child at Crestwood, from our smallest Mini-Day and Papawnees (Pre-schoolers) to our oldest Teens, will be experiencing a wonderful variety of exciting fun-filled athletic and creative activities every single day. It is our goal for each child to acquire skills and gain confidence every day they are here as they experience and explore all that we have to offer. We also understand that each child is unique and consequently we are glad to offer several program options geared toward maximizing your child's Crestwood experience and meeting the needs of all of our children. Please review the following options and do not hesitate to call our office with any further questions.

Incorporated into our regular program are our "pull-out" clubs and clinics for 1st graders and older, which allows us to individualize some children's programs to their special needs. These clubs and clinics are optional. Since children will enjoy all the activities available at Crestwood as part of their regular schedule, we find that only a small percentage of our children choose to partake in these "pull-outs."

Crestwood's sports program is filled with daily excitement and instruction. For those children who have an extremely strong interest in a particular sport we offer enrichment clubs. They offer a select group the chance to play more competitively at a sport of their choice. We also provide small group clinics and remedial skills to help improve, give confidence to, and encourage those who tend to shy away from certain activities.

For those who enjoy the arts, Crestwood offers the opportunity for children to do additional and/or advanced programs. We offer clubs in "fine arts" with a professional artist. For those interested in drama, anyone entering 2nd grade and older can take part in the Crestwood musical production at the end of the summer. A favorite club for our boys and girls is our weekly Chess Club.

Children entering 2nd through 6th grade have the option of choosing our "Youth Fitness Program" as a club activity. This program is a wonderful opportunity for those children who may have weight, fitness, health or strength issues that the general Crestwood program cannot address alone.

Finally, the Swim Team, open to any child who is in the Intermediate 1 swim group or higher, is an opportunity to strengthen swimming skills while developing team spirit and practicing good sportsmanship as well as participating in swim meets.

You can sign your child up for any of these programs on clothing day or you can call and leave a message for your child's Division Head. If you do not see an activity listed, please ask us about it.

**ELECTIVES:**

In an effort to give our older children an opportunity to make their own decisions, all of our 3rd-6th graders have a double period “elective” three times every week. This is a time where all the children in a particular grade choose what they want to do from a wide range of activities.

Information about the various elective choices will be sent to you in June so you can participate in your child’s decision

**OFF THE GROUND TRIPS**

Fourth graders leave the grounds twice a summer. A benefit exclusive to fifth graders and older is that off the ground trips are a regular part of the summer schedule. Fifth grade groups go off grounds over the course of the eight weeks approximately once each week and our sixth grade groups approximately twice each week. Parents are notified of these trips in advance via notes and calendars sent home with your child. These action trips are primarily local: Adventureland, Splish Splash, the beach, fishing, plus more.

As you would expect of CRESTWOOD, and similarly to the way we plan our rainy day trips, everything your child would require to fully enjoy each trip is provided for. Sending a child on a trip with a few extra dollars is a personal decision. It is obviously not necessary, nor required.

This summer our 4th – 6th Graders will also be involved in intercamp games with other local camps. These are listed on our Special Events and/or Trip Calendars.

**LATE NIGHT/SLEEP OUT**

CRESTWOOD offers a late night for all third and fourth grade groups and a sleep out for fifth and sixth grade groups. These very special occasions are conducted during the August session.

The third and fourth graders enjoy dinner at CRESTWOOD followed by an evening's worth of terrific games, activities, swimming and special events around campus. A tremendous 'make your own sundae' ice cream party is hosted to conclude this special evening. 5th and 6th Graders will have a special overnight. Specific dates and information about the overnights will be sent home.

Your child's group leader and counselors, along with a half dozen or so key administrators, are on hand through the night to facilitate and supervise at both the on grounds late nights and on the overnight ones as well.

**SWIM PROGRAM**

Crestwood’s swim program is second to none. The children swim twice per day, the morning swim being instructional and the afternoon swim recreational (free swim). Mini-Day and Junior Day have an extended period of combined swims. The children are monitored closely by our staff of experienced administrators and swim instructors. Our staff is comprised of approximately 40 certified lifeguards who provide the expertise to insure a safe and enriching experience. Regular reports are shared with the parents regarding the progress of your child/ren.

Computer generated records track each child's swim level and progress. Our pools are heated and we provide the towels for your child/ren's swims. A copy of all the requirements for each swim level is available through our Swim Director or the office.

Crestwood will have a swim club for those children who have attained at least the Intermediate 1 level of swimming. Club members must enjoy swimming and personal challenge, both physical and mental. The Crestwood swim club is a preliminary experience for competitive swimming. Participants will: 1) train in all four competitive strokes; 2) practice from one to three times per week during program hours (to maintain club membership, it is mandatory to attend at least one session per week); 3) learn racing starts and turns; 4) compete against their own time to enhance speed and endurance and gain swim meet experience at home and away meets; and 5) receive a free team t-shirt.

### **ADMINISTRATIVE TEAM**

Please feel free to call or leave a message for any member of our Administrative Team. Our Administrators' unprecedented experience results in exceptional knowledge and skills. This translates into the best possible experience for your children and extraordinary customer service for our parents. Our team and years at Crestwood:

Jackie Braunstein	Notes Supervisor	14 Yrs.
Howard Cohen	Division Head 3rd - 6th grade boys	30 Yrs.
Joe Crimi	Teen Director	32 Yrs.
Diane Daly	Transportation Director	23 Yrs.
Denise Edwards	Security	9 Yrs.
Dorine Ellel	Summer Registrations & Apprentice Info	15 Yrs.
Kathleen Evans	Asst. Swim Director	5 Yrs.
Debbie Kalmus	Billing Inquiries	16 Yrs.
Stephanie Hart Steiner	School Director & Summer Pre-School & Kindergarten Division Head	14 Yrs.
Debbie Hazan	Division Head 1st/2nd Grade Girls	5 Yrs.
Brian Iken	Special Events Director	16 Yrs.
Mady Mocelo	Division Head Full Day Kindergarten	31 Yrs.
Christine O'Donnell	School Administrator & Division Head Junior Day 9-2:30 and Full Day Pre-School Groups	8 Yrs.
Barry Schmerler	Athletics Director	15 Yrs.
Brooke Schnittman	Swim Director	11 Yrs.
Beverly Stein	Administrator	12 Yrs.
Marty Stern	Food Services	10 Yrs.
Danielle Suchow	Teen Director (Girls)	5 Yrs.
Robin Weinrib	Division Head 3rd - 6th grade girls	10 Yrs.
Rich Wilen	Division Head 1st-2nd grade boys	21 Yrs.
Mark Hemmerdinger	Director	12 Yrs.
Jeff Deutsch	Director	11 Yrs.
Bruce Schnittman	Owner/Director	43 Yrs.