

# **CRESTWOOD COUNTRY DAY CAMP**

## **SUMMER INFORMATION GUIDE**

### **Summer 2019**

Dear Crestwood Families,

Thank you for entrusting your children to us. The Safety Institute, Safety Underwriters, American Camp Association and The Huntington Chamber of Commerce, have all confirmed that CRESTWOOD COUNTRY DAY CAMP provides children with the absolute finest and safest summer program. While in our care, your child will be in the premium, most enjoyable, nurturing and protected environment.

This indexed booklet serves as an easy and convenient reference guide, answering common questions that you may have regarding the CRESTWOOD experience. Please keep it in a readily accessible location.

Cordially,

Owners/Directors  
Mark Transport  
Mark Hemmerdinger

Director  
Jeff Deutsch

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## **PROGRAMS**

### **SESSIONS**

Opening Day: Thursday, June 27, 2019

Last Day: Thursday, August 22, 2019

July Session: Monday, June 27-Friday, July 26

August Session: Monday, July 29-Thursday, August 22

Closed: Thursday, July 4 and Friday, July 5

### **FULL DAY**

Ages 2½-16; Buses arrive between 8:50am-9:10am; Bus Departure begins at 4:00pm.

### **MINI DAY**

Toddlers only- 9:00AM-1:00PM; Choice of three or five days per week. No afternoon bus service. Lunch included

### **JUNIOR DAY**

Pre-Schoolers only. Choice of three days or five days per week; 9am-2:30pm

### **SPECIAL PROGRAMS:**

#### **SUPER & SENIOR REC**

5<sup>th</sup> graders (super rec) and 6<sup>th</sup> graders (senior rec). All the fun of Crestwood mixed with exiting trips and late nights. Super Rec has one overnight at camp in the second session and Senior Rec has one 2-day overnight trip in each session.

#### **ENDEAVOR PROGRAM**

This program is tailored to meet the needs of children who have various diagnoses or no diagnosis at all. These children have unique needs both socially and emotionally, and for many reasons have not been able to thrive in the traditional camp setting. This approach is to provide children with the necessary structure and predictability they need to develop new skills and flourish.

#### **TEEN ADVENTURE**

This program is for boys and girls entering 7<sup>th</sup> grade. It is an introductory teen tour program which includes a wide variety of day drips, late nights, and overnight trips balanced with two days per week of activities on the Crestwood grounds.

#### **TEEN TRAVEL**

This program is for boys and girls entering 8<sup>th</sup>-11<sup>th</sup> grades. It is a comprehensive travel program which encompasses a number of day and late night trips. Campers stay in popular chain hotels and travel by deluxe tour buses. 10<sup>th</sup> and 11<sup>th</sup> graders participate in an extended two week trip.

#### **LEADERSHIP TRAINING**

8<sup>th</sup>-9<sup>th</sup> graders. Program that combine camp activities, hands on work experience and leadership training courses.

## **APPRENTICESHIPS**

10th-12th Graders- apprentices have varied work responsibilities during the summer but also enjoy access to CRESTWOOD facilities. The classifications are:

**Specialty-** assist specialists four days per week in areas such as tennis, arts and crafts, drama, sports, etc. The position includes weekly day trips to local attractions but does not include an end of summer salary.

**Office/General-** assist at security and with mailings, inventory of equipment, towel distribution, errands, etc. Position is five days per week and includes an end of summer salary.

**Pool Records-** assist with pool records, etc. Position is five days per week and includes an end of summer salary.

**Nurse-** assist with record keeping and other duties in the nurse's office. Position is five days per week and includes an end of summer salary.

**Towels-** responsible for distributing and collecting towels for each group at each swim period. Position is five days per week and includes an end of summer salary.

The tuition for all apprenticeships includes transportation to and from CRESTWOOD, hot lunches, the use of available facilities during breaks, and 5 apprentice t-shirts. Apprenticeships require an eight-week commitment. Please call for further information.

## **PARENT/ CHILD PROGRAM**

Program for 18 months to 30 months old and a parent- The day begins at 10:00am and concludes at 1:00pm one day per week (Tuesday or Thursday) for 6 weeks. Activities include Red Cross swim instruction, arts & crafts, sports (movement), dance, music, hot lunch, nature and much more.

## **BEFORE CARE/AFTER CARE**

Crestwood provides before care and after care for our working parents. We have staff members available as early as 7:30am and as late as 6:00pm. This service is compliments of Crestwood as long as you do not receive Crestwood transportation during the summer and notify us by June 1st. For other Before Care/After Care needs, please call our office. A fee may apply.

## **VISITING CRESTWOOD**

### **VISITS THROUGHOUT THE YEAR**

We welcome your visits to Crestwood throughout the year. During the fall and early winter, we are open Monday through Friday from 9:00am to 5:00pm and select weekends by appointment. Beginning in February and continuing through the start of our summer season, we are open every Saturday and Sunday from 11:00am to 3:00pm. Appointments are not necessary. On weekends, enrolled children with a parent are welcome to get familiar with our facilities (except our pools). Bringing your children, especially those new to Crestwood, to meet our staff and play on our playgrounds or fields is a great way to get them ready and excited about the upcoming summer.

During the summer, our office is open on the weekends from 10:00am through 3:00pm for phone calls. A Director is also either on site or on call to be of further assistance if needed. For safety

reasons, the facility is not available on the weekends for your unescorted visits or to play due to the restoration work being done by our maintenance staff.

## **VISITING CAMP DURING THE SUMMER:**

### **VISITING FOR PRE-SCHOOL AND (ENTERING) KINDERGARTEN**

For the benefit of our younger children there is no open visiting for our kindergarten and pre-school groups. Young children and those new to Crestwood may have difficulty separating from parents at first. In addition, the appearance of parents (regardless of whose parent) can easily hinder a child's ability to adapt properly to our program and can disrupt the dynamics of the group.

Instead, for these age groups, Crestwood schedules special Visiting Days. There is generally one visiting day during the first session (July) which consists of watching the children swim, participating at an activity, and meeting your child's friends and staff. During the second session (August), parents whose children attend for a full day or Junior Day are invited to watch your child's group perform in a Talent Show. There is no show for children in our mini-day program. The dates of our visiting days and shows will be available just prior to the start of the summer.

### **VISITING POLICY FOR GROUPS ENTERING 1<sup>ST</sup> GRADE THROUGH 6<sup>TH</sup> GRADE**

Our Open Visiting Policy applies to all Crestwood children in our 1<sup>st</sup> through 6<sup>th</sup> grade groups. Visiting begins the second week of the summer on Tuesday, July 9, 2019. Visiting is allowed on Tuesdays through Thursdays from 10:00am until 2:30pm. There is **NO** visiting during the first week of the summer, Mondays, Fridays, Rainy Days, during Crestwood Games, and on the last day. Please note we have expanded our electives and league program this summer. There is no parent visiting during your child's elective or league periods.

In order to maintain an appropriate balance between parental visits and fostering independence in the children who attend Crestwood, each family will be allowed a set number of visits per summer as follows:

**Campers attending six or more weeks will be allowed two visits**

**Campers attending five or less weeks will be allowed one visit**

### **SECURITY AND VISITING PASSES**

Crestwood has an extensive array of people and procedures in place to create a safe and secure environment.

- During our 8 week summer program, a security staff member is stationed between Round Swamp Road and our gate. All vehicles are stopped before proceeding.
- A security team is located in our visiting parking area and in the gazebo at the entrance to our facility. All visitors are required upon exiting their vehicles to proceed to the security gazebo.
- Once cleared by our security staff, visitors are required at all times to prominently wear a visiting badge with their name, date, arrival time and the group they are visiting.
- Our entire staff is required to wear a photo ID badge while working at Crestwood. They are instructed that any adult on our grounds should be wearing either a staff or visiting badge.

- There is only one road to enter and exit Crestwood. Our entire property is enclosed by a fence.
- Children may never leave the campus without being signed out by a parent or legal guardian at our security gazebo.
- Under no circumstances may any motorized vehicle be driven up the road leading to the office during program hours.
- A golf cart may be acquired by security to transport a sick child, or if a visitor has difficulty walking.
- Length of visiting is up to 3 periods
- No entering of the bunks
- No Visiting during lunch

For your convenience, Crestwood issues (on clothing day) all enrolled families two colored **SECURITY PASSES**. Consider them a Crestwood E-Z Pass and carry them with you when you plan on visiting. When you arrive at our gate, show your visiting pass to our security staff and you and your car will be waved on to proceed down our road to our parking area. You will avoid having to wait at our gate while our staff member records your license plate and other personal information.

Even with your security pass, you will still be asked to provide a driver's license or appropriate photo ID when you check in at our security gazebo. The name on your ID will need to match the names (for parents or guardians only) that we have on record in our database.

If you plan on having a grandparent or other relative visit your child(ren) at Crestwood, please be advised that they will need permission from you (the parent or guardian). A written note from you telling us the name of the person who is allowed to visit and the date they are coming is the best and safest form of communication. Visiting by relatives will count as a visit towards your summer total.

### **SAFETY WHILE YOU VISIT**

Crestwood's Summer Recreation Program is situated on terrain that may include undulations, tree roots, rocks, and other characteristics that make mobility more difficult. We therefore strongly suggest that you and your guests take extra care when walking across our campus. We also suggest that sturdy walking shoes be worn, and that **NO SANDALS OR FLIP-FLOPS** be worn while visiting Crestwood. Failure to follow these instructions will increase your risk of injury. We also ask that you share this information with any relatives or guests who may be visiting Crestwood with you.

Due to the ever increasing number of children with various food allergies and our awareness of a nutritionally sound day, **we do not allow any food or snacks to be brought into Crestwood**. We will supply the snacks for the birthday parties and for all other occasions.

## **PRE-SUMMER SPECIAL VISITING DAYS**

### **FAMILY FUN AND CLOTHING DAY**

Family Fun and Clothing Day, Saturday, June 22, 2019 from 10am-3pm, is an opportunity for families to visit CRESTWOOD, familiarize themselves with their child's bunk and cubby, drop off recommended clothing for use during the summer, meet key members of the CRESTWOOD team and generally enjoy the grounds and facilities. It is a time when your child can familiarize themselves with their surroundings for the perfect adjustment.

Spend the day experiencing the thrills of soaring through the air on our amazing zip line, splashing down the super water slide, or take the Tarzan rope challenge. If it's sports you like, play along with our specialists in the many clinics we offer, or choose to relax on our Crestwood train while taking a ride. There is something new to try every year. The day is filled with fun for the whole family to enjoy. Wear comfortable footwear for walking around our grounds.

All CRESTWOOD Administrators and Group Leaders will be on hand and available to assist you. Also, the Swim Directors and Nurses will be available for consultation. The list of recommended clothing for camper up through 6<sup>th</sup> grade to be brought this day for your child's cubby includes: three bathing suits, one sweatshirt, one extra t-shirt, one pair of shorts, one pair of jeans/sweatpants, one pair of socks and underwear, sunscreen and an inexpensive raincoat. Softball gloves are welcome, but optional. Pre-School and Kindergartners - diapers for those not toilet trained.

## **PERSONAL PROPERTY/LOST AND FOUND**

Bathing suits are sent home with the children in a plastic bag for laundering at the end of each week and should be returned with your child at the beginning of the following week. Other soiled articles are sent home as needed.

Each group has, in its bunk, a lost and found container. It is strongly recommended that all of your child's belongings be labeled, utilizing an indelible marker. We also urge parents to discourage children from bringing or wearing to CRESTWOOD anything of value including jewelry, electronic equipment, or items of personal or sentimental value. Cell phones are not permitted. Crestwood will not assume responsibility for the loss of money or valuables.

Following each summer season, all belongings which are left behind are sorted and displayed in a central area for examination by families with lost or misplaced articles. After a week's time, all unclaimed items are donated to charity. Lockers are provided to 4th graders and older, allowing the child to lock his/her belongings. Please send a combination lock (optional) so that misplaced keys will not be a problem.

## **CELL PHONES AND ELECTRONICS**

Campers may not bring cell phones, electronic devices and internet capable devices to Crestwood. We feel that camp is a place that should connect children with the friends, staff and

people around them as well as with their natural surroundings. One of the best reasons to have your child spend the summer at Crestwood is to see them excited and having fun for as long as 8 weeks without needing a screen, electronics or cell phone.

For campers in our Teen Adventure, Teen Travel or Super Teen programs, please refer to your program regulations for any exceptions.

## **COMMUNICATION**

Communication is the lifeblood of our outstanding relationship with CRESTWOOD families. When should I call? Call anytime you like; key personnel are here on summer weekdays from 7:00am-6:00pm. Please remember though, the vast majority of staff is on the grounds involved with the children during the day and may not be able to receive your call (or return it) until after the buses have departed. On weekends during the summer there is an Administrator on call between 10:00am-3:00pm.

Personal information forms, mailed to registered families prior to the start of summer, serve as a very valuable tool for us to know and understand from the outset the likes, dislikes, habits and individual needs of your child. Each group leader will carefully read and commit to memory the important traits about your child that will help them in their quest to give your child a perfect summer. We appreciate your candor in this sharing of information and, be assured, it will be used professionally in the strictest confidence. These forms are also available on our website [www.crestwoodcountryday.com](http://www.crestwoodcountryday.com).

Once during the summer, your child's Group Leader will submit to you a progress report. This report shares with you pertinent information on your child's growth including new skills, special interests, swim progress and any additional input and observations of which you should be made aware.

Your child's Group Leader will telephone you at least twice over the course of the summer, and many call more frequently. Initially, your group leader will want to introduce himself or herself, give and receive feedback on your child's initial experiences, share philosophies and generally open lines of communication.

Throughout the summer and during the year, Crestwood will send out e-newsletters to keep you abreast of exciting news and happenings. Wherever possible, all written communications from Crestwood will be done via e-mail. All e-newsletters for the entire season are available on our website if you ever miss one. If you are not receiving our e-mails or need to change your e-mail address, please contact our office.

### **REMIND:**

The Crestwood Directors, Office, Division Heads and Group Leaders will also be using a communication App called "Remind." It is a convenient and immediate way to deliver short messages, important updates, photos and other camp information. Additional information and directions will be sent to you approximately a week before the start of the summer.

We prefer that routine day-to-day correspondence from parents to us take the form of written communication, which may be delivered by your child's bus counselor. It cannot be stressed enough that all notes be written on the Crestwood Transmittal Notes, which we will provide you with. Notes can be faxed to us (631) 692-6987. We suggest that you notify us by 8:00am. if there is an immediate action to be taken at the start of the day, for example, "my child has a cold and shouldn't swim."

Please remember that, by nature, oral messages have an unpredictable fate. Your bus counselor is trained to receive and properly distribute written information to Group Leaders, Counselors, Division Heads and Administrators.

In addition, we may distribute general literature (announcements of photo day, and other special events) individual notifications (Red Cross swim cards, progress reports, etc.) via your bus counselor and or your private driver. For those of you who provide your own transportation, please check with a staff member when you pick up your child.

At the end of each summer, we e-mail home to all our families an evaluation form and survey. These forms ask that you share with us your opinions and observations of your child's experience. We place great value on your feedback, so much so that we respond personally. Whether it is minor or major, many decisions have been facilitated through open communication.

**WE ASK THAT YOU NOT CALL OR TEXT A GROUP LEADER ON CAMP DAYS BETWEEN THE HOURS OF 8:30 AM & 4:15 PM.** During these hours, the priority of our staff is your child and we ask them to keep their cell phones away. If you need to reach your child's staff, call our office and we will address all your most urgent needs which may include having the Group Leader speak to you directly. Your Group Leader may call you during the camp day to discuss something that requires an immediate answer or attention; however, this does not mean that your Group Leader will respond to incoming calls or texts.

### **TRANSPORTATION**

Most children view the bus ride as one of the enjoyable activities of their day. It is an opportunity to bond with friends and neighbors and sing songs learned at CRESTWOOD or on the bus, and have periodic parties. All Crestwood buses are air-conditioned for additional comfort.

CRESTWOOD uses every means necessary to ensure your child's bus safety. We use only professional drivers with Commercial Driver's Licenses. We also require that each child be secured by a safety belt; children under 4 must be in a car seat or safety harness. We provide a bus counselor, plan all bus routes to minimize travel time, and have communication devices on the buses in case of an emergency.

In fairness to everyone, bus routes are formed so that the first child picked up in the morning is the first child dropped off in the afternoon. Therefore, in the majority of instances, all children's cumulative time on the bus is equal. Exceptions may involve those children residing on the outskirts of routes; their travel time may be longer. Additional exceptions may involve situations

where a child's morning bus route and afternoon bus route may vary greatly (for example Junior Day). In some situations, we recruit mature staff members with impeccable driving records to provide private transportation for these children free of charge, in an effort to minimize travel time. We insure their personal vehicles with the same coverage as our buses.

Our bus counselors and drivers spend countless hours prior to the first day of the summer session familiarizing themselves with their route. They chart the most efficient course, submit a detailed written account, and introduce themselves to each family (leaving a contact phone number, approximate pick-up time, and a set of bus guidelines).

Each morning and afternoon the bus stops at your house. We ask that in the morning your child be ready. Even a minute delay by just a few people will adversely affect schedules. The bus counselor will assist your child onto the bus and will see that the seat belt is securely fastened. Parents are not allowed on the bus.

We will not drop a child off at home at the end of the day unless there is a recognizable and authorized individual to greet him/her. If no one is home to greet a child, that child will be retained on the bus. The bus will continue with its scheduled drop-offs, then, following the completion of the entire route, and if feasible, will return a second time to the home of that child. If a parent or guardian is again not available, then the child will be brought back to CRESTWOOD where the parent can pick up the child. If your child is planning to go home on a different bus or is to be dropped off at a location other than your home, we require written permission before 1pm. For the safety and security of the children, we cannot accept telephone requests. If you do have a last minute change of plans, you may fax us your written request before 1pm. Please remember that most mini buses are filled to capacity. A child may ride on another bus only if space permits.

Each morning, as the children arrive, they are greeted warmly the moment they step off the bus by their Division Head, Group Leader or a Counselor. They are then escorted to their group's designated area. At dismissal these same staff members walk the children to their buses.

The first few days of summer you may expect a slight deviation from what will become a very regular bus schedule.

If you drive your child to Crestwood please drop your child off between 8:30am-8:40am so you will not get caught up with the arriving buses. A designated area adjacent to Visiting Parking is for morning drop off. An administrator will greet your child every morning. **All afternoon pickups must be made prior to 2:30pm or after 4:20pm.** Between 2:30pm and 4:20pm, cars or visitors will not be allowed on the Crestwood road for the safety of our children and staff; Exceptions to this policy will not be allowed. Please send in a note with your child or fax it to us on the day that you plan on picking up your child before 1pm. **Please include the appropriate time for us to try and have your child ready to be picked up. Any changes to daily transportation MUST be received in writing BEFORE 1pm that day to avoid any confusion or mix ups.**

## **LUNCH AND SNACKS**

CRESTWOOD's food service operation is the most comprehensive in the industry. An important objective of ours is to help your child explore new interests and experiences. A variety of meals widen a child's eating experiences. We intend to broaden your child's culinary horizons and this is more likely to occur when he or she is eating with friends. A nutritionally balanced hot meal is important at mid-day for growing children who are involved in an active recreational program. This diverse array of hot and nutritious meals is served family style by a service oriented and courteous wait staff. The children may always have as many helpings as it takes to satisfy their appetite. Additionally, our counselors sit with the children during meals to monitor what they eat.

Prior to the start of each session you will be provided a menu and an allergy sub form (blank menu). If your child does not like the main meal, substitutions are always available upon request and are listed on your menu. You only need to fill out the allergy sub form, if your child is allergic to any item on our menu. If your child requires a substitute for lunch due to allergies, please fill in the appropriate matching spot on the sub menu form with the substitution choice.

Because recent medical reports have expressed concern regarding the eating habits of our nation's youth, CRESTWOOD is doing its nutritional part. Our meals average well below the 30% recommendation for calories from fat, for example. Fresh fruit is always available. We serve natural, real fruit juices and skim milk (whole milk is available by request). We use canola oil and no trans fats when offering anything fried, and employ many other measures so that your child is eating healthy. If your child has an unusually selective appetite, is allergic to specific ingredients, or requires a deviation from our traditional meal program, please phone us so we can discuss options. All groups will enjoy a cookout barbeque once a week featuring grilled hamburgers, hot dogs and chicken. At the cookout, those children whose birthdays fall during that week will enjoy a special dessert as well, supplied by Crestwood. If you wish to provide party favors, please contact your child's group leader.

Due to the ever increasing number of children with various food allergies and our awareness of a nutritionally sound day, we do not allow any food or snacks to be brought into Crestwood. We will supply the snacks for the birthday parties and for all other occasions.

## **SAFETY/NURSING CARE/MEDICATIONS**

Nurses direct phone number: (631) 692-5224 (during summer session).

Your child's physical welfare is of utmost importance to us. CPR and First Aid courses are mandated by CRESTWOOD for all key personnel. Laws require one individual with these certifications for every two hundred children; we average one per thirty.

We have three health care professionals on duty at all times. Our staff is trained to utilize nursing services for all aches or injuries no matter how routine. Every visit, each bump, bruise, and bellyache is investigated, treated and recorded. Parents are always consulted on illnesses or

injuries of any consequence. Our nurses also dispense medications as required, but ONLY with written authorization from both a child's parents and personal physician.

**Parents are asked to keep their child home if he or she shows symptoms of any of the illnesses below.** You may be contacted by our nurse to take your child home if he or she is suffering from or develops any of the following:

- Any signs of possible illness or inability to function in a group setting
- Fever higher than 100 degrees F. A child must be fever free for 24 hours before returning
- \*\*Diarrhea (see below)
- Episodes of Vomiting
- Presence or development of an eye, ear or throat infection that may be considered contagious (i.e. pink eye, strep throat, etc).
- Persistent cold symptoms-repeated episodes of coughing, sneezing, nasal discharge
- Severe itching of the body or scalp
- Any contagious diseases such as mononucleosis, chicken pox, strep, etc.

We require that any child planning their return to CRESTWOOD after contracting a contagious/communicable illness provide us with written clearance from a physician.

\*\*Any person (child or adult) who has diarrhea will not be allowed in the pools as stated by the Board of Health.

Children who are medically limited (casts, sprains, ear infections, etc.) are welcome and encouraged to continue attending CRESTWOOD. We will individualize a program to meet their needs. If an unfortunate occurrence should curtail your child's ability to participate in any area of our program, please telephone us so that we may customize a program.

As part of our standard registration procedure, we require that each child submit a medical information form listing all pertinent medical information including allergies, asthma, any medications plus any other physical characteristics which should be monitored. These forms are read by our nurses and are kept on file for quick reference in the nurse's quarters. This form is available on our website at [www.crestwoodcountryday.com](http://www.crestwoodcountryday.com).

### **REMEDIAL/ENRICHMENT PROGRAMS**

CRESTWOOD'S skilled staff is available before traditional hours to those children who request their services on a subcontracted basis. Offerings include Swim, Tennis and most other skill areas.

### **FINANCIAL**

CRESTWOOD offers a special Early-Bird tuition and other financial incentives. We diligently and painstakingly plan throughout the ten months preceding the upcoming summer. As a result, our earliest and best rate for the following summer is applicable through the last day of the present summer program. We also provide discounts for those families sending two or more children.

Our tuition includes door-to-door, air-conditioned transportation, a daily hot meal, two snacks daily, Crestwood T-Shirt, towel service twice a day, and tuition refund insurance. All instruction and all materials used in each scheduled activity are also included.

Tuition refund insurance will reimburse you for any days your child misses, because of illness, after the seventh consecutive day of absence (not including weekends). To qualify, a doctor's note is required after your child returns.

Tipping of staff is optional. If you choose to tip and are unsure of how much, please call the office for guidance.

### **DRESS**

CRESTWOOD employs no dress code for the children. Common sense dictates that each child dress as comfortably as possible including light colored cotton shirts, shorts and socks. We strongly urge all children to wear sneakers to minimize foot injuries. We recommend that no child wear earrings or other jewelry, for safety reasons. Please avoid dressing your children in expensive clothing. CRESTWOOD shirts, provided prior to the summer, are optional wear except on picture day.

### **GROUP AND INDIVIDUAL PHOTOGRAPHS**

Professional Individual Portraits and Group photos will be taken during the second and third week of the summer and will be available for purchase. In addition, our Crestwood photographer and videographer post photos and videos daily. These can be found on our Crestwood photo site and on facebook. The purchase of photographs is optional. Children not registered for the session in which Professional Individual Portraits and Group photos occurs are always welcome to return with their parent for participation in photos.

### **RAINY DAYS**

On rainy days, kindergarten groups and older leave the grounds for a half day trip. Based on that day's lunch schedule, half the program will go off for the morning and half for the afternoon. Of course, if the weather clears and the facilities are deemed safe, we will not automatically send the afternoon group off grounds.

Rainy day activities may include an indoor arena, bowling, amusement centers, athletic centers, and a host of additional indoor areas. Facilities are selected which promote healthy physical, educational, recreational and social activities.

During the non-summer season we actively visit prospective rainy day facilities. A primary criteria for consideration of an activity center is that we receive an 'exclusive' agreement for use. We request that on rainy days these establishments remain closed to the general public. We do this to ensure our younger children and parents the peace of mind and highest standards of safety and security. Administrators accompany groups off the grounds and oversee each facility. Also, we assign many additional staff members (often specialists whose activity is rained out) to the

various outings to provide that extra level of supervision. This abundance of adult chaperones permits us to station key personnel at all entrances and exits, adjacent to rest rooms and all other areas requiring constant supervision.

When visiting rainy day facilities, be assured that CRESTWOOD is providing everything for your child's recreational enjoyment. There is no need to provide your child with funds for vending machines, interactive games, admission fees or other attractions.

### **HOT WEATHER**

Occasionally, a summer day brings unseasonably hot weather. Our course of action includes: scaling down activities so that the children aren't overexerted, providing extra swim periods, playing on our spray park setting up sprinklers, going through our Kid Wash and other water activities plus connecting and turning on water hoses throughout the grounds. We do encourage children to bring water bottles (please use caution, some have delicate tops which the children may choke on) and we have water fountains at virtually all key areas of our campus. CRESTWOOD is geographically situated on the crest of a hill (affording us summer breezes) and has more than a generous number of shade trees throughout the grounds. All of Crestwood's indoor facilities, including all bunks (changing rooms), and our gymnasium are air-conditioned and also provide a break from the hot weather.

Parents should consider applying sunscreen to their children in the morning. CRESTWOOD staff will also apply sunscreen if you so request. Please send a supply of the product you prefer, labeled with your child's name, along with your application instructions.

### **ELECTIVE PROGRAMS/CLUBS/CLINICS**

Every child at Crestwood, from our smallest Mini-Day and Papawnees (Pre-Schoolers) to our oldest Teens, will be experiencing a wonderful variety of exciting fun-filled athletic and creative activities every single day. It is our goal for each child to acquire skills and gain confidence every day they are here as they experience and explore all that we have to offer. We also understand that each child is unique and consequently we are glad to offer several program options geared toward maximizing your child's Crestwood experience and meeting the needs of all of our children. Please review the following options and do not hesitate to call our office with any further questions.

Incorporated into our regular program are our "pull-out" clubs and clinics for 1<sup>st</sup> graders and older, which allows us to individualize some children's programs to their special needs. These clubs and clinics are optional. Since children will enjoy most, if not all, of the activities available at Crestwood as part of their regular schedule, we find that only a small percentage of our children choose to partake in these "pull-outs."

Crestwood's sports program is filled with daily excitement and instruction. For those children who have an extremely strong interest in a particular sport we offer enrichment clubs called Sports Track. They offer a select group the chance to play more competitively at a sport of their

choice or in all sports. We also provide small group clinics and remedial skills to help improve, give confidence to, and encourage those who tend to shy away from certain activities.

For those who enjoy the arts, Crestwood offers the opportunity for children to do additional and/or advanced programs. We offer clubs in “fine arts” with a professional artist for campers entering 2<sup>nd</sup>-6<sup>th</sup> grade. For those interested in drama, anyone entering 2<sup>nd</sup> grade and older can take part in the Crestwood musical production at the end of the summer. A favorite club for our boys and girls is our weekly Chess Club for 1<sup>st</sup> through 6<sup>th</sup> graders. Crestwood’s Got Talent (vocal instruction and performance) and Karate are also available. We also offer Junior Lego League Club for 1<sup>st</sup>-6<sup>th</sup> graders.

Finally, the Swim Team, open to any child who is in the Intermediate 1 swim group or higher, is an opportunity to strengthen swimming skills while developing team spirit and practicing good sportsmanship as well as participating in swim meets.

You can sign your child up for any of these programs on clothing day or you can call and leave a message for your child’s Division Head. If you do not see an activity listed, please ask us about it. As always, most of the activities at Crestwood are available for optional pull-out clubs.

### **ELECTIVES:**

In an effort to give our older children an opportunity to make their own decisions, all of our 1<sup>st</sup> through 7<sup>th</sup> graders have electives. This is a time where all the children in a particular grade choose what they want to do from a wide range of activities. All of our 1<sup>st</sup> graders enjoy one double period of electives each week. 2<sup>nd</sup> graders enjoy three double periods of electives each week. 3<sup>rd</sup>-7<sup>th</sup> graders enjoy 5 double periods each week (except when out of camp on a trip). Information about the various elective choices will be sent to you in June so you can participate in your child’s decision.

### **OFF THE GROUND TRIPS**

Fourth graders leave the grounds twice a summer. A benefit exclusive to fifth graders and older is that off the ground trips are a regular part of the summer schedule. Fifth grade groups go off grounds over the course of the eight weeks approximately once each week and our sixth grade groups approximately twice each week. Parents are notified of these trips in advance via notes and calendars sent home with your child. These action trips are primarily local: Adventureland, Splish Splash, the beach, fishing, plus more.

As you would expect of CRESTWOOD, and similarly to the way we plan our rainy day trips, everything your child would require to fully enjoy each trip is provided for. Sending a child on a trip with a few extra dollars is a personal decision. It is obviously not necessary, nor required.

## **LATE NIGHT/SLEEP OUT**

CRESTWOOD offers a late night for all third and fourth grade groups and a sleep out for fifth grade groups. These very special occasions are conducted during the August session.

The third and fourth graders enjoy dinner at CRESTWOOD followed by an evening's worth of terrific games, activities, swimming and special events around campus. A tremendous 'make your own sundae' ice cream party is hosted to conclude this special evening. 5<sup>th</sup> graders will have a special overnight at camp. Specific dates and information about the late night and overnight will be sent home.

Your child's group leader and counselors, along with about half dozen or so key administrators, are on hand through the night to facilitate and supervise at on grounds late night and the overnight.

**Sleep-Away Week** - For some day camp children who desire a limited overnight camp experience, Crestwood offers the best of both worlds. For our campers entering 3<sup>rd</sup> to 6<sup>th</sup> grade, we offer an optional five day Resident Camp Experience at Camp Kennybrook, one of the leading sleep-away camps in the Catskill Mountains. This optional program will include activities such as boating, sports, cooking, ceramics, extensive adventure activities and much more. Crestwood campers will bunk with fellow Crestwood campers and be supervised by a combination of Crestwood and Kennybrook staff.

## **SWIM PROGRAM**

Crestwood's swim program is second to none. The children swim twice per day, the morning swim being instructional and the afternoon swim recreational (free swim). Mini-Day campers swim 1st period everyday and Junior Day campers have a double period of combined swims. The children are monitored closely by our staff of experienced administrators and swim instructors. Our staff is comprised of approximately 40 certified lifeguards who provide the expertise to insure a safe and enriching experience. Regular reports are shared with the parents regarding the progress of your child/ren. Computer generated records track each child's swim level and progress. Our pools are heated and we provide the towels for your child/ren's swims. A copy of all the requirements for each swim level is available through our Swim Director and website.

Crestwood will have a swim club for those children who have attained at least the Intermediate 1 level of swimming. Club members must enjoy swimming and personal challenge, both physical and mental. The Crestwood swim club is a preliminary experience for competitive swimming. Participants will: 1) train in all four competitive strokes; 2) practice from one to three times per week during program hours (to maintain club membership, it is mandatory to attend at least one session per week); 3) learn racing starts and turns; 4) compete against their own time to enhance speed and endurance and gain swim meet experience at home and away meets; and 5) receive a free team t-shirt.

**Pool Slide:** All 1<sup>st</sup> grade and older groups are scheduled for the slides 2x per week (one during instructional swim and one during free swim). Kindergarten groups are scheduled once per week

during free swim. Pre-school groups are scheduled for the slides on Fridays during free swim. Use of the slide is a child's option. If you prefer your child not to miss any instruction time, please notify your group leader or our office.

### ADMINISTRATIVE TEAM

Please feel free to call or leave a message for any member of our Administrative Team. Our Administrators' unprecedented experience results in exceptional knowledge and skills. This translates into the best possible experience for your children and extraordinary customer service for our parents. Our team and years at Crestwood:

**Division Heads:**

Stephanie Hart Steiner	School Director & Summer Pre-School/ Kindergarten Division Head and Parent & Child	23 Yrs.
Kim Marotto	Division Head Pre-School Groups	35 Yrs.
Mady Mocoelo	Division Head Full Day Kindergarten Groups	40 Yrs.
Robin Ernst	Division Head 1 <sup>st</sup> & 2 <sup>nd</sup> grade girls	18 Yrs.
Brian Iken	Division Head 1 <sup>st</sup> & 2 <sup>nd</sup> grade boys	22 Yrs.
Samantha Sand	Division Head 3 <sup>rd</sup> -4 <sup>th</sup> grade girls	7 Yrs.
Barry Steinberger	Division Head 3 <sup>rd</sup> -4 <sup>th</sup> grade boys	14 Yrs.
Alyse Skoller	Division Head 5 <sup>th</sup> -6 <sup>th</sup> grade girls & boys	13 Yrs.
Kim Ott	Teen Director	5 Yrs.
Adam Goldfarb	Teen Adventure Division Head	5 Yrs.

**Supervisors:**

Kathleen Evans	Swim Director	16 Yrs.
Kate Cervone	Assistant Swim Director	15 Yrs.
Rich Stern	Assistant Swim Director	13 Yrs.
Ken Korder	Associate Director - Athletics	8 Yrs.
Barry Schmerler	Pre-School & Kindergarten Athletics	24 Yrs.
Theresa Alley	Leadership & Apprentice Program	14 Yrs.
Matt Pritikin	Associate Director-Activity specialist	2 Yrs.

**Administration:**

Diane Daly	Transportation Director	32 Yrs.
Andrea Levitt	Security Director	8 Yrs.
Debbie Kalmus	Billing Inquiries	25 Yrs.
Elyse Pollack	Summer Registrations & Apprentice Info	9 Yrs.
Beverly Stein	Office Administrator	21 Yrs.
Marty Stern	Food Services	19 Yrs.
Jackie Weissman	Notes & Message Supervisor	22 Yrs.
Bob Singer	Camp Schedule Administrator	41 Yrs.
Andrew Richter	Special Events Director	6 Yrs.
Fermin Jerez	Maintenance Director	28 Yrs.

**Directors:**

Mark Hemmerdinger	Owner/Director	21 Yrs.
Mark Transport	Owner/Director	9 Yrs.
Jeff Deutsch	Director	20 Yrs.