



# Parent Information Guide 2022



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## SECTION 1:

### *Intro to Summer*

These past two years have been challenging ones. This pandemic has been hard on all of us, but children have likely been affected the most. Finally, life has begun to get back to normal. Children need to experience normal again too: having fun, playing with friends, and enjoying their favorite activities.

We have been dedicated to helping children through this time regardless of the hard work, challenges and expenses that lie ahead. Crestwood Day Camp opened for the summer of 2020 and had a remarkably successful season. We have stayed open ever since, including two years of preschool and another successful summer in 2021. *Success to us means creating an environment for children where life feels “normal” and fun, where families are happy with their decision to send their children every day and where our camp community is safe and healthy.*

Heading into the 2022 Summer, we expect camp life to be as close to normal as possible and we look forward to running a program similar to pre-pandemic days.

As of this release date, *there are no New York State Board of Health COVID restrictions on camps.* This is great news but whether you feel the pandemic is over or not, COVID, in some form, will be here to stay. All of us will continue to learn to live with it and its unpredictable nature. This means that New York State may decide to change its policies, and likewise, Crestwood may also need to pivot from our best made plans, when the overall health and safety of our campers and staff is at stake.

We thank you for entrusting your children to us this summer. While we hope this guide helps your family prepare and get excited for a summer at Crestwood Day Camp, please do not hesitate to contact us with any question or concern.





## SECTION 2

### *Programs by Age, Dates, and Hours*

### IMPORTANT DATES

#### ***Camper and Parent Orientation:***

*Saturday, June 25, 2022 (aka Family Fun & Clothing Day)*

***Opening Day:*** *Monday, June 27, 2022*

***Last Day:*** *Friday, August 19, 2022*

***Closed:*** *Monday, July 4*

#### ***FULL DAY***

Ages 2½-16; Buses arrive between 8:50 am-9:10 am; Bus Departure begins at 4:00 pm.

#### ***MINI DAY***

Toddlers and Nursery ages only- 9:00 AM - 1:00 PM; Choice of three, four or five days per week. No afternoon bus service. Lunch included.

#### ***JUNIOR DAY***

Pre-Schoolers only. Choice of three, four, or five days per week; 9:00 am - 2:30 pm. Morning and Afternoon bus service provided (PM Bus Service limited to nearby towns).

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## **SPECIAL PROGRAMS:**

### ***SUPER & SENIOR REC***

*5<sup>th</sup> graders (super rec) and 6<sup>th</sup> graders (senior rec).* All the fun of Crestwood mixed with exciting trips and late nights. Super Rec (one trip per week) has one overnight at camp during the second half of the summer and Senior Rec (two trips per week) has one 2-day overnight trip each month.

### ***ENDEAVOR PROGRAM***

This program is tailored to meet the needs of children who have various diagnoses or no diagnosis at all. These children have *unique needs both socially and emotionally*, and for many reasons have not been able to thrive in the traditional camp setting. Our approach is to provide children with the necessary structure and predictability they need to develop new skills and flourish. Older Campers enjoy an exciting Trip schedule similar to those described for our Super and Senior Rec programs.

### ***TEEN ADVENTURE***

This program is for boys and girls *entering 7th grade*. It is an introductory teen tour program which includes a wide variety of day trips, late nights, and overnight trips balanced with two days per week of activities on the Crestwood grounds.

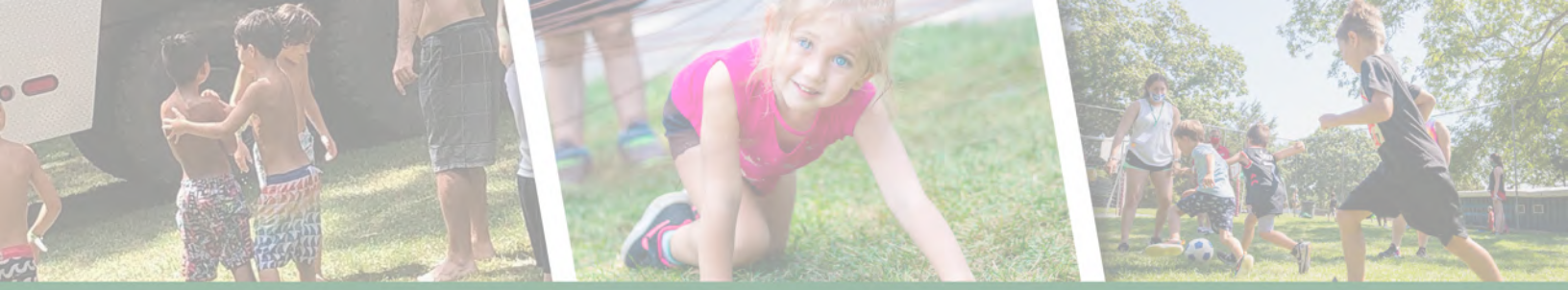
### ***TEEN TRAVEL***

This program is for boys and girls *entering 8th-10th grades*. Teen Travel is our complete Teen Tour program. Teen Travel campers enjoy a combination of local and regional day trips and late nights plus two 3-day overnights and one 5-day overnight each month.

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### **LEADERSHIP TRAINING**

Leadership Training, for 8<sup>th</sup>-9<sup>th</sup> graders, is a unique opportunity that combines camp activities, hands on work experience, and leadership training courses.

### **APPRENTICESHIPS**

*10th-11th Graders-* The Apprentice program is a hands-on work experience at Crestwood. Apprentices will develop new skills that will help them in their growth and maturity.

### **BEFORE CARE and AFTER CARE**

Crestwood provides before care and after care for our working parents. We have staff members available as early as *7:30am* and as late as *6:00pm*. This service is compliments of Crestwood as long as you do not receive Crestwood transportation during the summer and *notify us by June 1st*. For other Before Care/After Care needs, please call our office. A fee may apply.





## SECTION 3

### *Administration and Staff*

The superior reputation of Crestwood is due mainly to the extremely high quality of our Leadership and Staff.

#### **Administrative Team**

##### *Directors:*

Mark Hemmerdinger	Owner/Director	24 Yrs.
Mark Transport	Owner/Director	12 Yrs.
Jeff Deutsch	Director	23 Yrs.
Stephanie Hart Steiner	School and Summer Preschool Director	26 Yrs.
Ken Korder	Associate Director – Specialist Supervisor	11 Yrs.

##### *Division Heads:*

Kim Marotto	Division Head Full Day Kindergarten Groups	38 Yrs.
Carrie Burlin	Division Head Mini Day	6 Yrs.
AnnMarie McQuade	Division Head Junior Day	37 Yrs.
Tedi Schaffer	Division Head Full Day Preschool	2 Yrs.
Christine Eliot	Division Head 1st & 2nd grade girls	15 Yrs.
Ricky Martorella	Division Head 1st & 2nd grade boys	23 Yrs.
Alyse Skoller	Division Head 3rd-4th grade girls	16 Yrs.
Barry Steinberger	Division Head 3rd-4th grade boys	17 Yrs.
Brian Cyriac	Division Head 5th-6th grade boys & girls	14 Yrs.
Kim Ott	Teen Director	8 Yrs.
Adam Goldfarb	Teen Adventure Division Head	8 Yrs.
Dan Selmer	Endeavor Division Head	7 Yrs.

##### *Supervisors:*

Mady Mocelo	Athletic Director	43 Yrs.
Kathleen Serafin	Swim Director	19 Yrs.
Rich Stern	Assistant Swim Director	16 Yrs.
Jackie Shikora	Swim Supervisor	9 Yrs.
Jenna Fennelly	Swim Supervisor	1 Yrs.
Lindsay DeLuca	Leadership & Apprentice Program	13 Yrs.
Jen McElhiney	Endeavor Program	7 Yrs.

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**Administration:**

Diane Daly	Transportation Director	35 Yrs.
Robin Ernst	Program Director	21 Yrs.
Fermin Jerez	Maintenance Director	31 Yrs.
Debbie Kalmus	Billing Inquiries	28 Yrs.
Lori Makower	Security Director	7 Yrs.
Elyse Pollack	Summer Registrations	12 Yrs.
Andrew Richter	Special Events Director	9 Yrs.
Bob Singer	Camp Scheduler	44 Yrs.
Barbara Schneider	Head Nurse	3 Yrs.
Beverly Stein	Office Administrator	24 Yrs.
Marty Stern	Food Services	22 Yrs.
Cherilyn Weiss	Office Administrator	8 Yrs.
Jackie Weissman	Notes & Message Supervisor	25 Yrs.
Kristy Zimmerman	Billing Inquiries	5 Yrs.
Heather Berman	Food Allergies	1 Yr.

Please feel free to call or leave a message for any member of our Administrative Team.

Our Administrators’ unprecedented experience results in exceptional knowledge and skills. This translates into the best possible experience for your children and extraordinary customer service for our parents.







## SECTION 4

### *Camper and Parent Orientation*

#### **Clothing and Family Fun Day**

Camper/Parent Orientation will take place on *Saturday, June 25th from 10 AM to 3 PM*. Arrive anytime you like and stay as long as you like. This special day is an opportunity for families to visit CRESTWOOD, familiarize themselves with their child's Group Leader and bunk, drop off recommended clothing for use during the summer, meet key members of the CRESTWOOD team and generally enjoy the grounds and facilities. It is a time when your child can familiarize themselves with their surroundings for the perfect adjustment.

#### **Parking:**

*Our Crestwood lot will **not** be able to accommodate all of the cars on Family Fun Day. **Additional parking and shuttle buses will be available** about ½ mile south of Crestwood on the corner of Old Country Road and S. Service Road. More details about Clothing & Family Fun Day will be sent later in June.*

#### **Division Head Zoom Meetings**

Division Heads will host zoom meetings for groups of parents and campers to review the program and what to expect. *Your Division Head will contact you in June with a date and time.*

#### **Special Requests**

*If your child has any **medical, dietary, or other special needs, please contact your division head directly to discuss these issues personally.** For some issues they may direct another Crestwood Administrator to contact you - i.e. specific food issues or swimming concerns.*

#### **Clothing and Personal Items**

We ask that you provide the following extra clothes in a closed bag to be stored at camp: *three bathing suits, one sweatshirt, one extra t-shirt, one pair of shorts, one pair of jeans/sweatpants, one pair of socks and underwear, sunscreen, and an*

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*inexpensive raincoat*. For preschool age campers please also provide *diapers and swim diapers if needed*. Clothing List is not for Teen Adventure or Teen Travel campers. We recommend Spray sunscreen and Face stick over lotions. Crestwood will provide all towels for swim. *Towels from home may not be brought to camp*.

### **Bathing Suits**

Bathing suits are sent home with the children in a plastic bag for laundering at the end of each week and should be returned with your child at the beginning of the following week. Other soiled articles are sent home as needed.

### **Lockers**

Campers entering 4th grade and older will have lockers in their bunk. Campers may bring in a combination lock for their locker if they desire. Key locks are not permitted. Please give your child's Group Leader and Division Head the combination. *Valuables should not be brought to camp unless absolutely necessary*.

### **What to Wear to Camp**

CRESTWOOD has no dress code for the children. Common sense dictates that each child *dress as comfortably as possible* including light colored shirts, shorts and socks. We strongly urge all children to wear *sneakers* to minimize foot injuries. We recommend that *no child wear earrings or other jewelry*, for safety reasons. Please avoid dressing your children in expensive clothing.

### **Lost and Found**

Each group has, in its bunk, a lost and found container. It is strongly recommended that all of your child's belongings be labeled, utilizing an indelible marker. We also urge parents to discourage children from bringing or wearing to CRESTWOOD anything of value including jewelry, electronic equipment, or items of personal or sentimental value.

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## Cell Phones

**CELL PHONES WILL NOT BE PERMITTED AT CAMP FOR ANY CAMPERS.** Teens will have their own cell phone policy. *Electronics and other internet capable devices are also not permitted at camp.* We feel that camp is a place that should connect children with the friends, staff and people around them as well as with their natural surroundings. One of the best reasons to have your child spend the summer at Crestwood is to see them excited and having fun without needing a screen, electronics or cell phone.

## Camp Photos

Our professional camp photographers take photos of camp each and every day, which are posted on our password protected photo gallery. In addition, videographers will post videos on social media and on our password protected galleries for your enjoyment throughout the summer. During the first few weeks of the summer our photographers will take a group photo and individual portraits which can be purchased. If a camper is not registered for the week the photo will be taken, they may come to camp to be included.

## Parent Visiting

Other than our Preschool and Kindergarten Shows and Drama Shows, we do not expect there to be any Parent Visiting this summer. *Reducing Parent Visits will help limit the impact of COVID on our camp and camp population* while allowing our staff to focus on the happiness and needs of our campers. Please note *visiting policies are subject to change at Crestwood discretion.* A virtual Visiting Day (Video) will be arranged by each group during the summer.

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## Required Camper Forms

- Medical Exam /Immunization Form.
- Safer Together – Memo of Understanding (online).
- Health History Form (online).
- Personal Information (online).
- Medication Authorization Form (if needed).
- OTC (Over the Counter) Medication Authorization Form (if needed).
- Allergy Lunch Substitution Form (if needed).





## SECTION 5

### *Communication*

Communication is the lifeblood of our outstanding relationship with CRESTWOOD families. When should I call? Call anytime you like; key personnel are here on summer weekdays from 7:00am-6:00pm. After hours and on weekends during the summer there is an Administrator on call or checking voicemail messages and emails.

#### **Group Leader Communication**

Your child's Group Leader will telephone you at least twice over the course of the summer, and many call more frequently. You can always request your Group Leader to call you anytime there is something you would like to discuss.

***WE ASK THAT YOU NOT CALL OR TEXT A GROUP LEADER ON CAMP DAYS BETWEEN THE HOURS OF 8:30 AM & 4:15 PM.***

During these hours, the priority of our staff is your child and we ask them to keep their cell phones away. If you need to reach your child's staff, call our office and we will address all your most urgent needs which may include having the Group Leader or Division Head speak to you directly.

Once during the summer, your child's Group Leader will submit to you a progress report. This report shares with you pertinent information on your child's growth including new skills, special interests, swim progress and any additional input and observations of which you should be made aware. These are typically handed out during your child's last week at camp.

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## REMIND

The Crestwood Directors, Office, Division Heads and Group Leaders will also be using a **communication App called “Remind.”** It is a convenient and immediate way to deliver short messages, important updates, photos and other camp information. All Parents and Staff *must sign up for the Remind App and join the necessary groups in order to receive important information and updates from camp.* Instructions will be sent to you by bus counselors and your group leader on Clothing Day.

## NOTES

We prefer that routine day-to-day correspondence from parents to us take the form of written communication, which may be delivered by your child's bus counselor. *It cannot be stressed enough that all notes be written on the Crestwood Transmittal Notes, which we will provide you.* Notes can also be emailed to our office at [info@crestwoodcountryday.com](mailto:info@crestwoodcountryday.com). *We suggest that you notify us by 8:00am. if there is an immediate action to be taken at the start of the day,* for example, “my child twisted his ankle and should not run.”

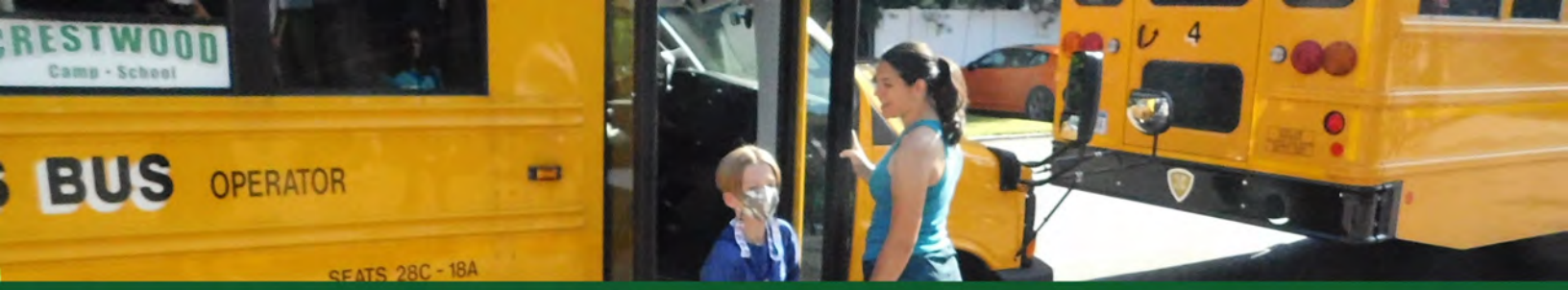
*Please address all notes to the “OFFICE”.* Likewise call or email the office with notes that are intended to reach the office (i.e. bus changes, information for the nurse, etc.). Do not rely on group or bus staff to relay a text message that you send to them.

## Contacting a Director

*Finally, if something at camp is not meeting yours or your child’s expectations or negatively affecting the summer, please do not hesitate to contact us.* We will make it our mission to try every tool in our toolbox to fix the problem as quickly and discreetly as possible. Please do not wait until the end of the summer to tell us about a problem.







## SECTION 6

### *Transportation*

Most children view the bus ride as one of the enjoyable activities of their day. It is an opportunity to bond with friends and neighbors and sing songs learned at CRESTWOOD or on the bus, and meet new staff and campers. *All Crestwood buses are air-conditioned for additional comfort.*

### **Safety**

CRESTWOOD uses every means necessary to ensure your child's bus safety. We use only professional drivers with Commercial Driver's Licenses. We also require that each child be secured by a safety belt; children under 4 must be in a car seat or safety harness. We provide a bus counselor, plan all bus routes to minimize travel time, and have communication devices on the buses in case of an emergency.

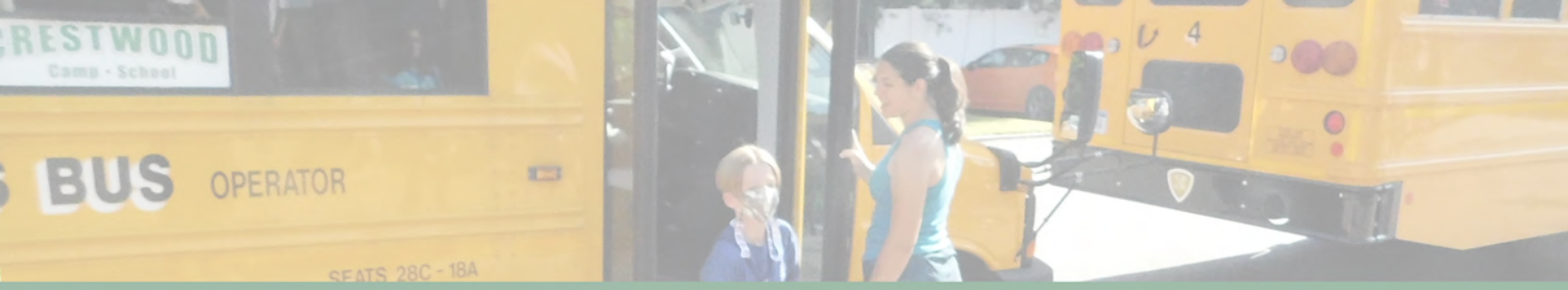
### **Bus Routes**

In fairness to everyone, bus routes are usually formed so that the first child picked up in the morning is the first child dropped off in the afternoon. Therefore, in the majority of instances, all children's cumulative time on the bus is equal. Exceptions may involve those children residing on the outskirts of routes; their travel time may be longer. Additional exceptions may involve situations where a child's morning bus route and afternoon bus route may vary greatly (for example Junior Day).

### **Bus Info**

Bus Counselors and Bus Drivers will begin practicing and learning their bus routes beginning on *June 16th* based on their individual schedules. If you have not heard from your bus counselor by *June 23rd* please contact our Transportation Director. The bus counselors or driver will stop at your house to meet your family and deliver an introductory letter (with route number and approximate pick up time). If you are not at home, they will call you to set up a future meeting. They will also leave their phone number for you to be able to contact them.

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## Morning Pick-Up

Each morning and afternoon the bus stops at your house. *We ask that in the morning your child be ready.* Even a minute delay by just a few people will adversely affect schedules. The bus counselor will assist your child onto the bus and will see that the seat belt is securely fastened. Parents are not allowed on the bus.

## Afternoon Drop-Off

We will not drop a child off at home at the end of the day unless there is a recognizable and authorized individual to greet him/her. *If no one is home to greet a child, that child will remain on the bus.* The bus will continue with its scheduled drop-offs, then, following the completion of the entire route, and if feasible, will return a second time to the home of that child. *If a parent or guardian is again not available, then the child will be brought back to CRESTWOOD where the parent can pick up the child.*

## Arrival & Dismissal

Each morning, as the children arrive, they are greeted warmly the moment they step off the bus by their Division Head, Group Leader or a Counselor. They are then escorted to their group's designated area. At dismissal these same staff members walk the children to their buses.

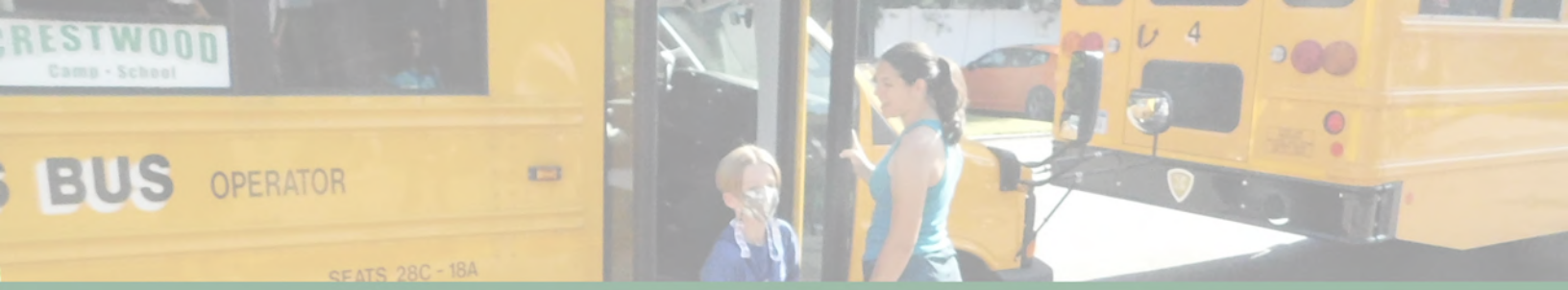
## Bus Changes

If your child is planning to go home on a different bus or is to be dropped off at a location other than your home, *we require written permission before 1pm.* Permission must be sent to our office (please do not sent to your child's group leader or other staff). For the safety and security of the children, *we cannot accept telephone requests.* If you do have a last minute change of plans, you may email or fax us your written request *before 1pm.* Please remember that most mini buses are filled to capacity. A child may ride on another bus only if space permits.

**Other Bus Info:** *Masks are Not Required; Campers may sit with any child of their choice for the week; Seating choices may change each week.*

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## Parent Drop-Off and Pick-Up

All Families not using Bus Service will receive a dashboard placard to use during drop-off and pick-up time.

### Drop-Off

If you drive your child to Crestwood please drop your child off between *8:30am-8:50am* so you will not get caught up with the arriving buses. You will be directed to a drop-off location based on your car placard and child's group. An administrator or group staff member will come to your car to greet your child every morning and bring him/her to the group. We ask that parents stay with their car.

### Pick-Up

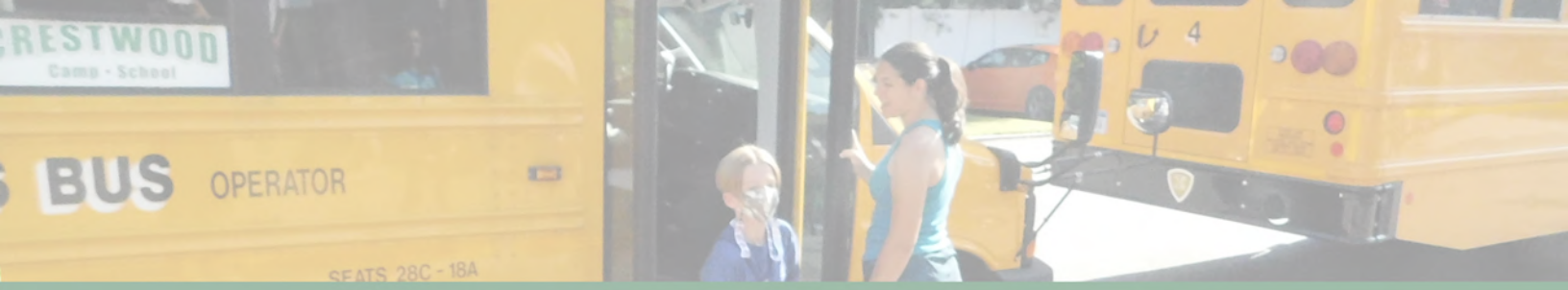
All afternoon pick-ups must be made prior to *2:30pm* or *after 4:20pm*. Between *2:30pm* and *4:20pm*, cars or visitors will not be allowed on the Crestwood road for the safety of our children and staff; Exceptions to this policy will not be allowed.

- **Mini Day Campers** - Please arrive by *1:00 PM* to pick-up.
- **Junior Day Campers** - Please arrive by *2:30 PM* to pick-up.
- **Full Day Campers** - Parent pick-up will begin at approximately *4:20 PM* after our buses and staff depart. Cars will not be permitted onto the camp road prior to this time. Please do not park your car near our exit as this is unsafe for our buses, staff and other vehicles driving near our exit on Round Swamp Road.
- **Crestwood Staff** will direct your car to the appropriate pick-up area based on your car placard.
- **Please stay with your car.** A Crestwood staff member will bring your child to you.
- **Always bring a driver's license** with you in the event we need to check your identity.
- **Carpools are allowed, but a note is required.** *Carpool forms are available* if you would like to have a carpool in place for the entire summer.

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## Early Pick-Ups

All early pick-ups *must be made by 2:30 PM*. Please send in a note with your child or email it to us on the day that you plan on picking up your child early. Please include the appropriate time for us to try and have your child ready to be picked up. Any changes to daily transportation **MUST** be received in writing **BEFORE 1pm** that day to avoid any confusion or mix ups.

## Late Drop-Off

Simply drive up the Crestwood Road where you will be greeted by our Security Staff. *Please bring your child to the Security Booth to be signed in.* Our staff will deliver your child to their group.

## Security

Crestwood has an extensive array of people and procedures in place to create a safe and secure environment.

- During our 8 week summer program, *a security staff member is stationed between Round Swamp Road and our gate.* All vehicles are stopped before proceeding (except during arrival and dismissal times).
- A security team is located in our visiting parking area and in the gazebo at the entrance to our facility. *All visitors are required upon exiting their vehicles to proceed to the security gazebo.*
- Our entire staff is required to wear a photo ID badge while working at Crestwood. They are instructed that any adult on our grounds should be wearing either a staff or visiting badge.
- *There is only one road to enter and exit Crestwood. Our entire property is enclosed by a fence.*
- *Children may never leave the campus without being signed out by a parent or legal guardian at our security gazebo.*
- *Please be prepared to show a picture ID when coming to Crestwood or picking up a child.*





## SECTION 7

### *Lunch and Snacks*

CRESTWOOD's food service operation is the most comprehensive in the industry. An important objective of ours is to help your child explore new interests and experiences. A variety of meals widen a child's eating experiences. We intend to broaden your child's culinary horizons and this is more likely to occur when he or she is eating with friends. A nutritionally balanced meal is important each day for growing children who are involved in an active recreational program. The children may always have as many helpings as it takes to satisfy their appetite. Additionally, our counselors sit with the children during meals to monitor what they eat.

### **Menu & Sub Form**

Prior to the start of each session you will be provided a menu and an allergy sub form (blank menu). If your child does not like the main meal, substitutions are always available upon request and are listed on your menu. You only need to fill out the allergy sub form, if your child is allergic to any item on our menu. If your child requires a substitute for lunch due to allergies, please fill in the appropriate matching spot on the sub menu form with the substitution choice.

### **Barbeque**

All groups will enjoy a cookout barbeque once a week featuring grilled hamburgers, hot dogs and chicken. At the cookout, those children whose birthdays fall during that week will enjoy a special dessert as well, supplied by Crestwood. If you wish to provide party favors, please contact your child's group leader.

### **Allergies**

Due to the ever increasing number of children with various food allergies and our awareness of a nutritionally sound day, we do not allow any food or snacks to be brought into Crestwood. Please discuss your child's allergies with your child's Division Head and Group Leader. A menu listing all allergens for each day along with all food labels are available on our website.

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## Nuts

Crestwood makes every effort to be a nut-free camp. *For safety reasons, Outside food is not allowed* without authorization from a Crestwood Director.

### Additional Information

- All lunch areas are outside and generally under our lunch tents.
- Morning Snack (animal crackers, goldfish, etc) and an afternoon snack of ice cream or ice pops is served daily.
- Kitchen disinfected daily. Lunch tables and lunch area disinfected and cleaned before each lunch period.
- All campers and staff will be required to wash/sanitize hands prior to lunch. Hand Sanitizer will be available on every lunch table.
- Staff members wearing gloves will serve food to campers.
- Water Stations will be available at all activity areas.







## SECTION 8

### *Safety and Nursing*

***Nurses direct phone number: (631) 692-5224 (during summer session).***

**Your child's physical welfare is of utmost importance to us.** *CPR and First Aid courses are mandated by CRESTWOOD for all key personnel. We have a minimum of three health care professionals on duty at all times. Our staff is trained to utilize nursing services for all aches or injuries no matter how routine. Every visit, each bump, bruise, and bellyache is investigated, treated and recorded. Parents are always consulted on illnesses or injuries of any consequence. Our nurses also dispense medications as required, but ONLY with written authorization from both a child's parents and personal physician.*

- Nursing staff will monitor all health checks and identify areas of concerns.
- Campers and Staff will visit different Nurse's station based on their needs.
- All minor scrapes and physical injuries will be handled in the Nurse's Office ("Well-Center").
- Only campers feeling ill will be seen in an adjacent alternative office (aka sick center).
- Medication to non-ill campers will be given in the Well Center.
- Children with fever or cold-like symptoms will have parents contacted to pick up their child.
- High Risk Campers and Staff must be identified and subject to daily monitoring.
- Nurses in conjunction with Camp Directors will communicate openly with all camp families and staff while maintaining the confidentiality of any ill individuals.

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## Illness Policy

Parents are asked to **keep their child home if he or she shows symptoms of any of the illnesses below**. *You may be contacted by our nurse to take your child home if he or she is suffering from or develops any of the following:*

- Any signs of possible illness or inability to function in a group setting.
- Fever higher than 100 degrees F. A child must be fever free for 24 hours before returning.
- **\*\*Diarrhea (see below).**
- Episodes of *Vomiting*.
- Presence or development of an *eye, ear or throat infection* that may be considered *contagious* (i.e. pink eye, strep throat, etc).
- *Persistent cold symptoms-repeated* episodes of coughing, sneezing, nasal discharge.
- Severe *itching of the body or scalp*.
- *Other symptoms* of illness or covid - shortness of breath, muscle aches, loss of taste or smell, sore throat, headache or fatigue.
- Any contagious diseases such as covid, mononucleosis, chicken pox, strep, etc.

***We require that any child planning their return to CRESTWOOD after contracting a contagious/communicable illness provide us with written clearance from a physician.***

***\*\* Any person (child or adult) who has diarrhea will not be allowed in the pools as stated by the Board of Health.***

*After 3 days missed due to illness, campers who stay home will receive a 100% per day credit to a future summer or make-up day this summer (if available) for any additional missed days.*

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## Injuries

Children who are medically limited (casts, sprains, stitches, etc.) are welcome and encouraged to continue attending CRESTWOOD. We will individualize a program to meet their needs. If an unfortunate occurrence should curtail your child's ability to participate in any area of our program, please call us so that we may customize a program.

## Medical Forms

As part of our standard registration procedure, *we require that each child submit a medical information form listing all pertinent medical information including allergies, asthma, any medications plus any other physical characteristics which should be monitored.* These forms are read by our nurses and are kept on file for quick reference in the nurse's quarters. This form is available on our website.

*Medications, Prescriptions and Epipens - In order for your child to receive any over-the-counter or prescription medicine including an epipen at camp, the Medication Authorization Form is required to be completed and signed by your child's doctor and sent to our nurse's office. Only our nurses, or trained Administrative and Trip Staff may disseminate medications to our campers.*

## **COVID UPDATE - the following policies are subject to change at Crestwood Discretion**

- No Masks required - unless required due to being COVID positive or a close contact.
- Covid Screening Not Required prior to attending camp
- Anyone testing Positive For Covid will not be able to attend camp until cleared by a medical doctor and Crestwood Nursing Staff. Length of absence may vary based on vaccination status and/or ability to follow testing protocol
- Close Contacts may be required to quarantine based on NYS regulations or the Crestwood Nursing Staff. Close contacts may be able to "Test to Stay" in order to avoid quarantine.
- Missed Camp Days - For missed days due to mandated quarantine due to positive test or close contact with an infected person, a camper's family will receive make-up days this summer (if available) or a credit for days missed to be used in a future summer.







## SECTION 9

### *Activities*

Every child at Crestwood, from our smallest Mini-Day and Papawnees (Pre-Schoolers) to our oldest Teens, will be experiencing a wonderful variety of exciting fun-filled activities made up of Athletics, Aquatics, Creative Arts, Adventure, Performing Arts, and Creative Play. It is our goal for each child to acquire skills and gain confidence every day they are here as they experience and explore all that we have to offer.

Our activity program and schedule is carefully thought out and planned all year in order for our campers to not only have a wide variety of new experiences but to enjoy them on age appropriate facilities and with specialized instructors. Additionally, we are careful to set the pace of the physical activity each day to the age of the child's group.

Crestwood group schedules are created with the mindset of maximizing enjoyment, challenge and growth for children in that particular age group. We also understand that each child is unique and consequently we are glad to offer several program options geared toward maximizing your child's Crestwood experience and meeting the needs of all of our children. Please review the following options and do not hesitate to call our office with any further questions.

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## Swim

Swimming is the most important activity at CRESTWOOD. We have the largest and most carefully selected swim staff that will be teaching and supervising our campers during the day. All group staff accompany campers in the pools for fun, but also as additional supervisors. All of our Crestwood pools are heated and we provide towels for each camper after every swim period. All Full Day campers swim twice each day (except Teens). The morning swim is instruction and the afternoon is free swim. Junior Day campers enjoy one double period swim per day (half instruction and half free swim). Mini Day campers have one swim period per day (which will combine both instruction and fun).

## Pool Slide and Water Park

All groups are scheduled for use of the pool slides during one of their scheduled swim periods. The water park is scheduled for younger campers as an additional water activity period and for our older campers as an option during a free swim period.

## Special Events

Children look forward to our special events all year. Every year *new and exciting special events are mixed with popular Crestwood favorites* to create a summer calendar filled with fun, adventure, and spirit. Your child will come home every day anxious to tell you about the fun they had and excited about what awaits them tomorrow.

Our Special Events calendar is generally sent by email at the beginning of June to help campers and families get excited for the start of camp. This summer, campers can look forward to the Water Carnival, the K-Cup Tournament, Crestwood Games (our Color War), Dress-Up Days, Group Talent Shows, DJ Dance Party, Magic Show, and of course the Crestwood Carnival. Many more camp-wide and divisional events plus surprises are in store for your child this summer.

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## ***Electives and Clubs***

Electives and Clubs allow for older campers to develop independence, learn to make their own decisions and to customize their program to their unique interests.

### **Electives**

All of our 1<sup>st</sup> through 7th graders have electives. This is a time where all the children in a particular grade choose what they want to do from a wide range of activities. All of our 1<sup>st</sup> graders enjoy one double period of electives each week. 2nd, 5th and 6th graders enjoy three double periods of electives each week. 3<sup>rd</sup>–4<sup>th</sup> graders enjoy a double period elective each day. Information about the various elective choices will be sent to you in June so you can discuss the options with your child.

### **Clubs**

Certain activities and programs fall into the category of “clubs”. These programs are optional. Children will never be forced to participate and these programs are generally open to all campers (who meet the minimum age requirement). During periods when a particular club is offered, campers will be dropped off by a counselor to the club area and then picked up at the end of the period. Campers will miss their group activity when participating in a club. Some examples of Crestwood clubs include; Drama Club (2nd grade and older) which produces a mid-summer variety show and an end of summer musical; Chess Club (1st grade and older) where campers can learn or develop their chess skills; and Fine Arts (2nd grade and older) where campers work on creative projects of their choice under the direction of an Art Teacher. Every summer we create and offer new clubs based on the talents of our staff and the interests of our campers. Announcements are made throughout the summer.

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## Private Lessons

CRESTWOOD'S skilled staff is available before traditional hours to those children who request their services on a subcontracted basis. Offerings include Swim, Tennis and most other skill areas.

## Trips

Because there is so much to do on the Crestwood campus, trips are far from a necessity. For our older campers, trips offer new experiences, independence, responsibility and new social settings with their camp friends and staff. Fourth graders leave the grounds twice a summer for a charter boat fishing trip and a day at Adventureland. For fifth graders and older, trips are a regular part of the summer schedule. Fifth grade groups go off grounds over the course of the eight weeks approximately once each week and our sixth grade groups approximately twice each week including two overnight trips. *Parents are notified of these trips in advance* via notes and calendars sent home with your child.

As you would expect of CRESTWOOD, everything your child would require to fully enjoy each trip is provided for. Sending a child on a trip with a few extra dollars is a personal decision. It is obviously not necessary, nor required.

## Rainy Days

*On rainy days, kindergarten groups and older leave the grounds for a half day trip.* Based on that day's lunch schedule, half the program will go off for the morning and half for the afternoon. Of course, if the weather clears and the facilities are deemed safe, we will not automatically send the afternoon group off grounds.

Rainy day activities may include an indoor arena, bowling, amusement centers, athletic centers, and a host of additional indoor areas (karate, gymnastics, etc). Facilities are selected which promote healthy physical, educational, recreational and social activities.

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Administrators accompany groups off the grounds and oversee each facility. Also, we assign many additional staff members (often specialists whose activity is rained out) to the various outings to provide that extra level of supervision. This abundance of adult chaperones permits us to station key personnel at all entrances and exits, adjacent to rest rooms and all other areas requiring constant supervision.

When visiting rainy day facilities, be assured that CRESTWOOD is providing everything for your child's recreational enjoyment. There is *no need to provide your child with funds for vending machines, admission fees or other attractions*. Our Teen Adventure and Teen Travel Programs are excluded from the change policy.

### Hot Days

Occasionally, a summer day brings unseasonably hot weather. Our course of action includes: scaling down activities so that the children aren't overexerted, providing extra swim periods, playing on our spray park, setting up sprinklers, going through our Kid Wash and other water activities plus connecting and turning on water hoses throughout the grounds. We do encourage children to bring water bottles and we have water coolers at virtually all key areas of our campus. CRESTWOOD is geographically situated on the crest of a hill (affording us summer breezes) and has more than a generous number of shade trees throughout the grounds. All of Crestwood's indoor facilities, including all bunks (changing rooms), and our gymnasium are air-conditioned and also provide a break from the hot weather.

*Parents should apply sunscreen to their children in the morning.* CRESTWOOD staff will assist campers who need help reapplying sunscreen for the second half of the day. Please send a supply of the product you prefer, labeled with your child's name, along with your application instructions.





## SECTION 10

### *Financial*

**CRESTWOOD offers a special Early-Bird tuition and other financial incentives.** We diligently and painstakingly plan throughout the ten months preceding the upcoming summer. As a result, our earliest and best rate for the following summer is applicable only through the end of the current summer season. Of course, Crestwood will send reminders by email when our early bird rates become available.

*Our tuition includes door-to-door, air-conditioned transportation, a daily hot meal, two snacks daily, Crestwood T-Shirt, towel service twice a day, and tuition refund insurance.* All instruction and all materials used in each scheduled activity are also included. Changes in registration (adding or removing weeks) after May 1, 2022 will incur a \$100 processing fee (in addition to the associated change in tuition).

Tuition refund insurance will reimburse you for any days your child misses, because of illness, after the seventh consecutive day of absence (not including weekends). To qualify, a doctor's note is required after your child returns.

Gratuities (Tips) for your child's group staff and other team members who have made an impact on your child's camp experience is customary but is always completely optional. At the midpoint in the summer, our office will send a reminder and provide guidance if needed.

### **Contact Information**

#### **Crestwood Country Day Camp and School**

313 Round Swamp Road Melville, NY 11747

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