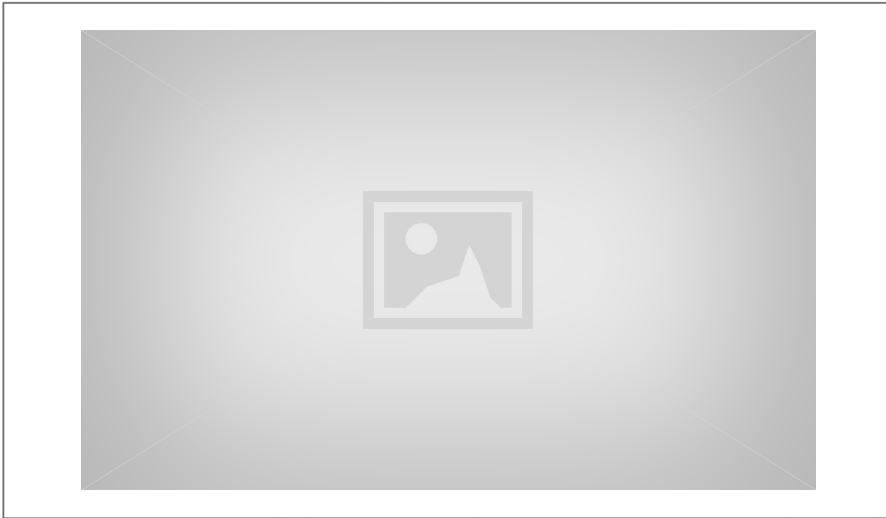




Vans

123071 - Van's Simply Delicious Gluten Free Waffles, Totally Original, 6 Count (Frozen)

Light, crispy waffles, just like you remember them - but without the gluten, dairy or egg. Take a bite of Vans Gluten Free Totally Original waffles and experience how delicious a waffle can be! Made with whole grain brown rice flour and sweetened with fruit juice, you'll love this hot and toasty morning treat.



Nutrition Facts

Servings per Container	3
Serving size	3 (2)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 460mg	20%
Total Carbohydrate 28g	10%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 1g Added Sugar	2%
Protein 2g	
Vitamin D 0µg	0%
Calcium 210mg	16%
Iron 1mg	6%
Potassium 80mg	2%

* Benefits

Ingredients

WATER, VANS GLUTEN FREE MIX (BROWN RICE FLOUR, POTATOSTARCH, RICE FLOUR, SOY FLOUR), NON-GMO EXPELLER PRESSED CANOLA OIL, BAKING POWDER (SODIUM ACIDPYROPHOSPHATE, BAKING SODA, RICE FLOUR, MONOCALCIUM PHOSPHATE), VANS NATURAL FRUIT JUICE BLEND(PINEAPPLE, PEACH AND PEAR JUICE CONCENTRATES), SEA SALT, GUAR GUM, SOY LECITHIN. CONTAINS: SOY.

Allergens

Contains:



Handling Suggestions

Keep Frozen

Serving Suggestions

Prep & Cooking Suggestions

Keep frozen until ready to use. Do not refreeze thawed product. Appliances vary; setting or time may need adjustment. For best results, refer to manufacturers instructions.
TOASTER:
1.Set toaster to LOW. Place waffles in toaster.
2.Toast 1-2 cycles until hot.
TOASTER OVEN:
1.Set toaster oven to TOAST. Place waffles directly on rack.
2.Toast 1-2 cycles until hot.
OVEN:
1.Preheat oven to 400F. Place waffles on a baking sheet.
2.Bake 6-8 minutes until hot.
CAUTION: PRODUCT WILL BE HOT. Children should not use toaster without adult supervision. Do not leave toaster unattended. Do not use metal objects to remove waffles from toaster.

Product Specifications

Brand	Manufacturer	Product Category
Vans	Tyson Foods, Inc.	Pancakes, French Toast, & Waffles

MFG #	SPC #	GTIN	Pack	Pack Desc.
30206	123071	10089947302061		12/9 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
8.81lb	6.75lb	USA	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15.38in	9.63in	9.13in	0.78ft3	12x9	365DAYS	-10°F / 0°F



Vans

123071 - **Van's Simply Delicious Gluten Free Waffles, Totally Original, 6 Count (Frozen)**

Light, crispy waffles, just like you remember them - but without the gluten, dairy or egg. Take a bite of Vans Gluten Free Totally Original waffles and experience how delicious a waffle can be! Made with whole grain brown rice flour and sweetened with fruit juice, you'll love this hot and toasty morning treat.



Nutrition Analysis - By Serving

Calories	180kcal	Total Fat	7g	Sodium	460mg
Protein	2g	Trans Fats	0g	Calcium	210mg
Total Carbohydrates...	28g	Saturated Fat	1g	Iron	1mg
Sugars	1g	Added Sugars	1g	Potassium	80mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(U)		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2	
Monosodium		Sulphites		Nitrates	

Additional Images





Product Code: 11819

10 IN GLUTEN FREE PARBAKED PIZZA CRUST SEASONED CAULIFLOWER

This seasoned cauliflower pizza crust delivers a flavorful, fun, and fancy pizza experience to your customers. They will be delighted with the taste of this pizza, and love that cauliflower is the first ingredient!

SPECIFICATIONS & STORAGE

GTIN:	00049800118195
Kosher Certification:	
Kosher Status:	NOT KOSHER
Case Count:	24
Master Pack:	CASE
Net Case Weight:	7.8 LB
Gross Case Weight:	8.9 LB
Case Cube:	0.526
Pallet Pattern:	16 TI x 10 HI (160 Cases/Pallet)
Serving Size:	1/3 pizza crust (49 g)
Shelf Life (Frozen):	180 DAY
Shelf Life (Refrigerated):	7 DAY
Shelf Life (Ambient):	0 DAY
Master Unit Size:	5.2 OZ
Case Dimensions:	10.5IN L x 10.5IN W x 8.25IN H
Item Dimensions:	0 L x 0 W x 0 H

PRODUCT INGREDIENTS

INGREDIENTS FOR U.S. MARKET: CAULIFLOWER, LOW MOISTURE MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), RICE FLOUR, TAPIOCA STARCH, WATER, EGG WHITES, RICE STARCH, MODIFIED RICE STARCH, SUGAR, YEAST, SALT, CULTURED BROWN RICE, GARLIC POWDER, SPICES, XANTHAN GUM. CONTAINS: MILK, EGGS

TIPS & HANDLING

BAKING INSTRUCTIONS: PREHEAT YOUR OVEN TO 425°F (220°C) WITH THE RACK PLACED IN THE MIDDLE. TOP PIZZA WHILE FROZEN AND COOK IMMEDIATELY. COOKING TIMES MAY VARY SO WE RECOMMEND 10 - 12 MINUTES OR UNTIL THE CRUST IS GOLDEN BROWN. FOR FOOD SAFETY AND QUALITY, PRODUCT MUST BE COOKED TO THE INTERNAL TEMPERATURE OF 165°F (74°C). LET IT COOL FOR ONE MINUTE, THEN CUT, SERVE AND ENJOY.

Nutrition Facts

3 Servings Per Container

Serving Size 1/3 pizza crust (49 g)

Amount Per Serving

Calories 150 Calories from Fat 35cal

	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 2g	11%
Trans Fat 0g	
Cholesterol 15mg	4%
Sodium 290mg	12%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	1%
Sugars 1g	

Protein 5g 10%

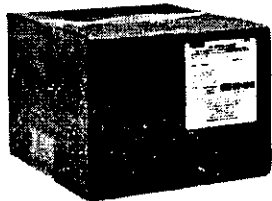
Iron 4%

Calcium 8%

* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

100g Nutrition Facts

Calories	291.61
Calories From Fat	64.494
Calories From Saturated Fat	39.627
Protein	9.896 G
Carbohydrates	46.883 G
Sugars	2.578 G
Sugar Alcohol	0 G
Water	34.256 G
Fat	7.166 G
Saturates	4.403 G
Trans Fat	0.21 G
Cholesterol	24.814 MG
Fiber	1.89 G
Minerals	
Ash	16.124 G
Calcium	222.416 MG
Iron	1.365 MG
Sodium	561.927 MG
Thiamin	0.044 MG
Riboflavin	0.116 MG
Niacin	0.35 MG
Potassium	97.24 MG
Vitamin A	54.924 IU
Vitamin C	12.39 MG
Folic Acid	9.163 MCG



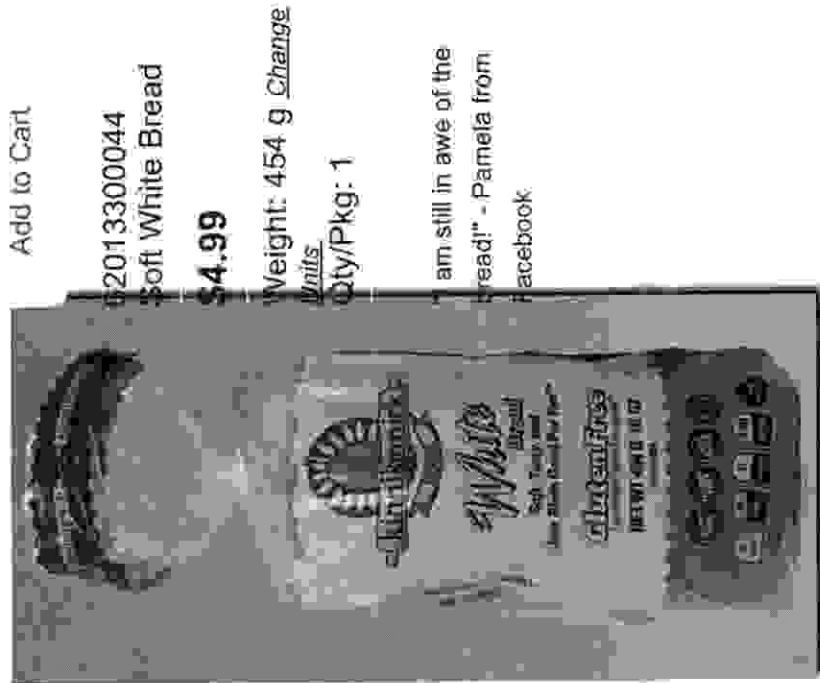
SE GTIN



00049800118195

WI Revolutionary SOFT Gluten Free Donuts

Products Recipes Stores



Add to Cart

2013300044

Soft White Bread

\$4.99

Weight: 454 g Change

Units

Qty/Pkg: 1

I am still in awe of the bread!" - Pamela from Facebook

FREE FROM GLUTEN NUTS DAIRY

Nutrition Facts		
Valeur Nutritive		
2 Slices (57g)		
Amount	% Daily Value	
Teneur	% valeur quotidienne	
Calories / Calories	140	
Fat / Lipides	4 g	6%
Saturated / Saturé	1 g	
+ Trans / Trans	0g/5%	
Cholesterol / Cholestérol	0mg	0%
Sodium / Sodium	200mg	8%
Carbohydrate / Glucides	24g	8%
Fibre / Fibres	5g	20%
Sugars / Sucres	1g	
Protein / Protéines	2g	
Vitamin A / Vitamine A		0%
Vitamin C / Vitamine C		0%
Calcium / Calcium		4%
Iron / Fer		10%
Niacin / Niacine		6%
Thiamine / Thiamine		10%
Riboflavin / Riboflavine		6%
Folate / Folate		15%

* Based on a 2000 calorie diet

Ingredients

Water, White Rice Flour, Potato Starch*, Tapioca Starch,

158



LAND O LAKES | CHEESE MOZZ STRING LIGHT | 244830



ICE LIGHT MOZZARELLA STRING CHEESE



PRODUCT DETAILS

Brand: LAND O LAKES Class: DAIRY PROD & SUBS
 PFG #: 59703 PBH: CHEESE
 GTIN #: 10034500597033 Origin: US

NUTRITIONAL FACTS

Serving Size	1EA(1Z,28C)	
Servings Per Container	1	
Amount Per Serving		
Calories	60.00	
	Per Serving	Daily Value %
Total Fat (g)	2.50	4.00 %
Saturated Fat (g)	2.00	10.00 %
Trans Fat (g)	0.00	
Cholesterol (mg)	10.00	3.00 %
Sodium (mg)	20.00	0.00 %
Total Carbohydrates (g)	1.00	0.00 %
Dietary Fiber (g)	0.00	0.00 %
Total Sugars (g)	0.00	
Protein (g)	6.00	
Vitamin A (mg)	200.00	2.00 %
Vitamin C (mg)	0.00	0.00 %
Vitamin D (mcg)		0.00 %
Calcium (mg)	240.00	20.00 %
Iron (mg)	0.00	0.00 %
Phosphorus (mg)	0.00	0.00 %
Potassium (mg)	0.00	0.00 %

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 100% calories a day is used for general nutrition advice.

INGREDIENTS

STERILIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES, VITAMIN A PALMITATE

ALLERGENS

Egg: Undeclared
 Milk: Contains
 Peanut: Undeclared
 Sesame: Undeclared
 Tree Nuts: Undeclared
 Soy: Undeclared
 Wheat: Undeclared
 Crustacean: Undeclared
 Fish: Undeclared
 Gluten Free: Undeclared

ADDITIONAL INFORMATION

Whole Grain Rich:
 Low Sodium: N
 Reduced Sodium: N
 Lactose Free: N
 Organic: N
 Vegan: N
 Halal: N
 MSC Certified: N
 Genetically Modified: N
 Kosher:
 Child Nutrition: Y

PACKING INFORMATION

Master Case
 Units/Case: 168
 Servings/Case: 168
 Unit Size: 1 OZ
 Gross Wt (lbs.): 11.88
 Net Wt (lbs): 10.50
 Pallet
 Tr, Hl: 16.08

STORAGE

Length (in.): 12.50
 Width (in.): 9.40
 Height (in.): 5.10
 Shelf Life (days): 150
 Storage Temp Max (F°): 41.00
 Storage Temp Min (F°): 32.00
 Catch Wt: N

STORAGE METHOD

KEEP REFRIGERATED

BENEFITS

168/1 OZ LIGHT MOZZARELLA STRING CHEESE. MEAL CONTRIBUTION CREDIT: 1 M/M/A

SCHOOL EQUIVALENTS

Serving Size: 1EA(1Z,28C)
 Meat/Meat Alternatives: 1.000
 Fruit/Vegetables:
 Grain/Bread:
 Milk:
 Child Nutrition*: PFS

As Updated: 11/15/2018
 Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PFG. In most cases, the vendor or manufacturer submits nutritional values to PFG as rounded values and not actual values; therefore, laboratory test results for nutritional content of multi-ingredient menu items may be different from the calculated values using the data provided. PFG does not perform any independent evaluation, review, or screening of the vendor's or manufacturer's (1) claims or representations regarding any product, or (2) compliance with federal, state, or local labeling requirements. PFG provides this information solely as a courtesy, and makes no representation concerning its accuracy. Always read the product label before use. PFG does not warrant or guarantee the information provided by third party information content providers and expressly disclaims any liability arising therefrom.

150

Item # 344717

Nutrition Facts			
Serving Size :		1 BAGLE (99G)	
Serving Per Container :		1	
Amount Per Serving			
Calories :	320.00	Calories from Fat :	90.00
		Per Serving	%Daily Value*
Total Fat		10.00	15.00 %
Saturated Fat		1.00	5.00 %
Trans Fat		0.00 g	
Cholesterol		0.00 mg	0.00 %
Sodium		670.00 mg	24.00 %
Total Carbohydrate		48.00 g	15.00 %
Dietary Fiber		2.00 g	8.00 %
Sugars		5.00 g	0.00 %
Protein		8.00 g	
		Per Srv	Per Srv
Vitamin A		0.00 %	Vitamin C 0.00 %
Calcium		4.00 %	Iron 2.00 %
*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
		Calories 2,000	2,500
Total Fat	Less Than	65g	80g
Sat. Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400mg	2400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	Carbohydrate 4		Protein 4

School Equivalents	
Serving Size	
Meat/Meat Alternatives	
Fruit/Vegetables	
Grain/Bread	
Milk	
Child Nutrition*	
*Key: USDA=Item has USDA CN label	
BG=Item is in the USDA Buyers Guide for Child Nutrition Program	
PFS=Manufacturer has provided a Product Formulation Statement	

Product Specifications				
UGF806802	20898997806802	24.0	3.5OZ	1
UDIS		FROZEN FOOD PROCESS		BAKERY FROZEN
Cross Fat		PFS		Child Nutrition
5.9	5.2	N	N	N

Shipping Information				
25.37X8.8X8.56	810	365	FROZEN	N

Allergens	
Contains	May contain
Eggs	

Handling Suggestions.
KEEP FROZEN, OF, UP TO 120 DAYS.

Benefits
UDIS SOFT AND CHEWY, GLUTEN FREE BAGELS, INDIVIDUALLY WRAPPED.

Additional Information
GLUTEN FREE INGREDIENTS

Ingredients
WATER, BROWN RICE FLOUR, TAPIOCA STARCH, CANOLA OIL, EGG WHITES, POTATO STARCH, DRIED CANE SYRUP, TAPIOCA MALTODEXTRIN, TAPIOCA SYRUP, XANTHAN GUM, YEAST, SALT, CULTURED CORN SYRUP SOLIDS AND CITRIC ACID (MOLD INHIBITOR), ENZYMES. CONTAINS EGG.

119

CHICKEN BRST TNRD BRD FC GF FZ

PERDUE HARVESTLAND FULLY COOKED BREADED NO ANTIBIOTICS
EVER CHICKEN BREAST TENDERLOINS, GLUTEN FREE, FROZEN



Item # 333596

Nutrition Facts

Serving Size : 2 pieces
Serving Per Container :53

Amount Per Serving

Calories	130	Calories from Fat	40
		Per Serving	% Daily Value*
Total Fat	4.5 g		7 %
Saturated Fat	1 g		5 %
Trans Fat	0 g		
Cholesterol	30 mg		10 %
Sodium	360 mg		15 %
Total Carbohydrate	10 g		3 %
Dietary Fiber	0 g		7 %
Sugars	0 g		
Protein	11 g		

Vitamin A	7%	Vitamin C	2%
Calcium	0%	Iron	2%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25g	30g

Calories per gram
Fat 9 Carbohydrate 4 Protein 4

School Equivalents

Serving Size _____

Meat/Meat Alternatives _____

Fruit/Vegetables _____

Grain/Bread _____

Milk _____

Child Nutrition* _____

*Key: USDA=Item has USDA CN Label

BG=Item is in the USDA Buyers Guide for Nutrition Program

PFS=Manufacturer has provided a Product Formulation Statement

Product Specifications:

MFG Product	UPC	Units/Case	Unit Size/Measure	Servings/Case
56203	10072745562034	2	5 LB	53

Brand	Class	PBH
HARVESTLAND	POULTRY	POULTRY PRECOOKED FROZEN

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11 LB	10 LB	N/A		No

Shipping Information:

Length	Width	Depth	TIX HI	Shelf Life	Temp. Zone
16	10	7	12 * 07	365	FRZN ZNE

Allergens:

Contains _____ May Contain _____

Handling Suggestions:

Keep Frozen

Benefits:

Satisfy the demand for flavorful Gluten-Free proteins and differentiate your operation with high-quality, in-demand chicken tenders that command premium menu prices. Our Perdue Harvestland Fully Cooked, Breaded, Gluten-Free whole muscle tenderloins are made with only all-natural chicken, raised on a 100% vegetarian diet with no animal by-products and No Antibiotics Ever! These breaded tenders are crunchy and bakable making gluten free a possibility in any operation. No artificial ingredients, clean label.

Additional Information:

Gluten Free Ingredients, Peanut Free Ingredients

Ingredients:

CHICKEN BREAST TENDERLOINS, WATER, RICE STARCH, SEA SALT, BREADED WITH: CORN FLAKE CRUMB (YELLOW CORN MEAL, SUGAR, SALT), SALT, SOYBEAN OIL, CORN STARCH, SPICES AND SPICE EXTRACTIVES (INCLUDING EXTRACTIVES OF PAPRIKA), RICE FLOUR, TAPIOCA DEXTRIN. PREDUSTED AND BATTERED WITH: RICE FLOUR, WATER, CORN STARCH, SALT, SPICES AND SPICE EXTRACTIVES (INCLUDING EXTRACTIVE OF PAPRIKA AND EXTRACTIVE OF TURMERIC), GARLIC POWDER, ONION POWDER. **Allergy Information :** Allergens based on ingredients product could contact allergens during processing



Information concerning nutritional values and product ingredients, including major food allergens, is obtained solely from the vendor or manufacturer of the specific product, without any edits or filters by PERFORMANCELink or PFG. PERFORMANCELink and PFG do not perform any independent evaluation, review, or screening of the vendor's or manufacturer's compliance with federal, state, or local labeling requirements, or other claims. PERFORMANCELink and PFG provide this information solely as a courtesy, and make no representation concerning its accuracy. Always read the product label before use. PERFORMANCELink and PFG do not warrant or guarantee the information provided by the third party information content providers and expressly disclaim any liability arising therefrom.

Perdue
Gluten free
Chicken
Tenders



56203

**Fully Cooked
Breaded Chicken Breast Tenderloins**

INGREDIENTS: Chicken Breast Tenderloins, Water, Rice Starch, Sea Salt. **BREADED WITH:** Corn Flake Crumb (Yellow Corn Meal, Sugar, Salt), Salt, Soybean Oil, Corn Starch, Spices and Spice Extractives (Including Extractives Of Paprika), Rice Flour, Tapioca Dextrin. **PREDUSTED AND BATTERED WITH:** Rice Flour, Water, Corn Starch, Salt, Spices and Spice Extractives (Including Extractive Of Paprika And Extractive Of Turmeric), Garlic Powder, Onion Powder.
HEATING INSTRUCTION FROM FROZEN - Oven: 10-12 minutes at 375F. Fryer: 3 mins at 375F. REHEAT to internal temp of 145F.

930319



Keep Frozen

Food Service Use Only

Chicken Matched, Raised and Harvested in USA

Net Wt 10 lbs

Certified



Gluten-Free[®]
Distributed By PERDUE FOODS, Salisbury, MD 21804

#Federal Regulations Prohibit the Use of Hormones or Steroids in Poultry.

26

#467290

26

dr. Praeger's
 PURELY SENSIBLE FOODS

Ordering Code: **GLVBIN4**

GF California Veggie Burger (Vegan) 4oz

Gluten Free, Kosher, Vegan,
 Low Saturated Fat, Good Source
 of Fiber

INGREDIENTS

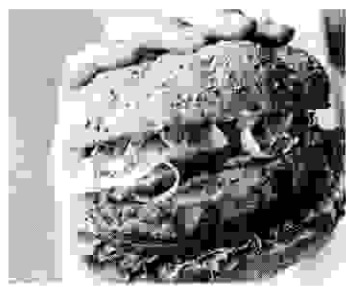
Carrots, Onions, String Beans, Zucchini, Soybeans,
 Peas, Expeller Pressed Canola Oil, Spinach,
 Broccoli, Corn, Red Peppers, Potato Flakes,
 Arrowroot, Corn Meal, Corn Starch, Garlic, Salt,
 Parsley, Black Pepper

STORAGE / SHELF LIFE

24 months from date of production when stored frozen at 0°F/-18°C or below.
 Cook from frozen.

PREPARATION

KEEP FROZEN PRIOR TO USE. For food safety cook to an internal temperature of 165°F. **Flat Top Grill (Preferred Method):** Preheat grill to 425°F. If the grill is not a non stick surface please coat grill with a liberal coating of pan release. Place frozen burgers on grill and cook until heated through and well browned, flipping as necessary (approximately 7-10 minutes). **Oven:** Preheat oven to bake at 450°F. Place frozen product on ungreased baking pan. Bake approximately 12-15 minutes turning once.



Nutrition Facts

Serving Size 1 Burger (113g)
 Servings Per Container 40

Amount Per Serving	
Calories 110	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	7%
Potassium 170mg	5%
Total Carbohydrate 13g	4%
Dietary Fiber 3g	12%
Sugars 2g	
Protein 4g	
Vitamin A 50%	Vitamin C 6%
Calcium 4%	Iron 6%
Phosphorous 15%	

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



PACKAGING SPECS

UPC	080868010601
Finished Product Dimensions	
Case Pack	40/4oz
Allowable Case Defect	Less than 5%
Case Net Weight	10 lbs
Gross Weight	11 lbs
Case Dimensions	12.94" x 8.55" x 5.2"
Case Cube (cubic feet)	.3344
Pallet Ti/Hi	16/11
GTIN	00080868010601
Country of Origin	USA

As of 11/2017

dr. Praeger's
 PURELY SENSIBLE FOODS

GLVBIN4

GF California Veggie Burger 4oz

COOKING INSTRUCTIONS:
 Must Be Cooked From Frozen
 For Food Safety and Quality, Heat to a Minimum Internal Temperature of 165°F
 Oven: Preheat oven on broil. Place patties on ungreased baking pan. Broil for 15-18 minutes. For crispier patties, turn patties after 7-10 minutes.

Best if used by:
FEB-24-2018

Made in a facility that uses Wheat, Soy, Eggs, and Fish

Dr. Praeger's Sensible Foods
 Elmwood Park, NJ 07407
 Made in USA
 EU# 3001237875

10 lbs (4.54kg)

Keep Frozen 0°F/-18°C

MANUFACTURED BY DR. PRAEGER'S SENSIBLE FOODS, INC.

Elmwood Park, NJ 07407 USA • EU# 3001237875 • Establishment # 1228 • Phone: 201-703-1300

OUR PRODUCTS ORGANIC ANIMAL WELFARE OUR COMPANY

WHERE TO BUY



Gluten Free Breaded Chicken Breast Nuggets

Whole breast meat pieces are lightly breaded with rice flour for a great taste.



Gluten Free Breaded Chicken Breast Tenders

Whole Breast Meat Tenders with our delicious rice flour breading!

ALL NATURAL INGREDIENTS: No Chemical Additives or Preservatives.

Chicken Breast Meat, Water, Salt, Breading with Rice Flour, Water, Yellow Corn Flour, Xanthan Gum, Enriched Case Juice, Soy Salt, Soybean Oil, Yeast, Acetic Acid, White Egg, Spice. *Frost free in soybean oil based breading.

SUGGESTED COOKING INSTRUCTIONS:

BAKE: **Gluten Free Nuggets are precooked!** For safety, this product must be cooked to an internal temperature of 170° F as measured by use of a meat thermometer. Cooking times may vary.

BAKE: Preheat the oven to 375°. Spread frozen Gluten Free Nuggets on a baking sheet and bake for a total of 25-30 minutes.

PAN FRY: Heat vegetable oil (1/8") in skillet until hot. Fry in

Nutrition Facts	
Serving Size 1/2 Cup (12g)	
Amount Per Serving	
Calories 140	Total Fat 10g
Total Fat 10g	20%
Sodium 100mg	20%
Total Carbohydrate 14g	28%
Total Protein 10g	20%
Fiber 0g	0%
Sugar 0g	0%
Total Cholesterol 0mg	0%
Total Fat 10g	20%
Sodium 100mg	20%
Total Carbohydrate 14g	28%
Total Protein 10g	20%

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Bell & Evans - The Excellent Chicken | 154 W. Main St. Frederickburg, PA 17026 | 717-865-0626

Member: National Chicken Council

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6/10/14
Spoke with Cathy -
peanut & tree nut free facility
exception coconut



Gluten Free French Toast Sticks CINNAMON



★★★★★ 4.7 (28)

Enjoy the deliciousness one stick at a time!

Start your day with gluten free whole grain goodness and a dash of delicious cinnamon. Our Gluten Free Cinnamon French Toast Sticks are a tasty morning meal or afternoon treat.

 Certified GF Gluten-Free	 DAIRY FREE	 EGG FREE	 CORN FREE	 NON GMO Project VERIFIED nongmoproject.org look for the butterfly	 U	 NUT FREE	 NO ARTIFICIAL FLAVORS OR PRESERVATIVES
(http://www.vansfoods.com/collections/gluten-free-products?attr=GlutenFree)	(http://www.vansfoods.com/collections/dairy-free-products?attr=dairyfree)	(http://www.vansfoods.com/collections/egg-free-products?attr=eggfree)	(http://www.vansfoods.com/collections/corn-free-products?attr=cornfree)	(http://www.vansfoods.com/collections/nongmo-verified-products?attr=nongmoverified)	(http://www.vansfoods.com/collections/utah-products?attr=utah)	(http://www.vansfoods.com/collections/nut-free-products?attr=nutfree)	(http://www.vansfoods.com/collections/no-artificial-flavors-or-preservatives-products?attr=NoArtificial)

NUTRITIONAL INFO:
+ View Nutrition Label

PROUDLY, OUR INGREDIENTS:
Water, Van's Foods Gluten Free Mix (Brown Rice Flour, Potato Starch, Rice Flour, Soy Flour), Cane Sugar, non-GMO Expeller Pressed Canola Oil, Contains 2% or less: Baking Powder (Sodium Acid Pyrophosphate, Baking Soda, Rice Flour, Monocalcium Phosphate), Cinnamon, Molasses, Calcium Carbonate, Soy Lecithin, Sea Salt, Natural Flavor, Guar Gum.

ALLERGENS:
Soy

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W! FREE Shipping on Orders Over \$49! (See Details)

2 items - \$95.76 [Show Mini Cart](#)



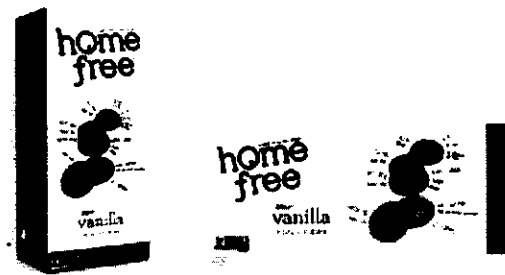
Rich chocolate, soft-baked cookies chockfull WITH our chocolate chips (dairy-, soy- an gluten-free of course!). A true chocolate lover's delight!

Like 1

6 oz. box	\$4.49	1	ADD TO CART
6-Pack (6 x 6 oz. box)	\$23.94	1	ADD TO CART
\$3.99 per box - SAVE \$3.00!			

ALLERGEN INFO

Gluten Free, Wheat Free, Dairy Free, Peanut Free, Tree Nut Free, Egg Free, Soy Free, Fish Free, Shellfish Free. Also Non-GMO Verified, made with no artificial anything, Vegan and Kosher!



5 oz boxes



10 pack of 1.1 oz bags

Foodservice options also available.

ingredients

Gluten free whole oat flour, organic cane sugar, organic high oleic safflower oil, organic pear juice from concentrate, organic tapioca starch, organic buckwheat flour, organic lemon juice from concentrate, organic pure vanilla extract, baking soda (sodium bicarbonate), salt, baking powder, xanthan gum, cream of tartar, rosemary extract.

allergen information

Made on shared lines with soy lecithin. Made in dedicated facility containing no peanuts, tree nuts, eggs, dairy, casein, fish, crustaceans, molluscs (shellfish), wheat, gluten, sesame, mustard seeds, celery, sulphur dioxide, sulphites or lupin. We carefully source ingredients and test for peanut, almond, egg, milk and gluten proteins.

*



INGREDIENTS: CORN, CORN OIL, AND SALT
NO PRESERVATIVES

Nutrition Facts

Serving Size 1 oz. (28g) (About 32 chips)
Servings Per Container 3

Amount Per Serving

Calories 160 **Calories from Fat 90**

% Daily Value*

Total Fat 10g 20%

Saturated Fat 1.5g 3%

Trans Fat 0g 0%

Cholesterol 0mg 0%

Sodium 170mg 7%

Total Carbohydrate 15g 5%

Dietary Fiber 1g 4%

Sugars less than 1g

Protein 2g

Vitamin A 0% - Vitamin C 0%

Calcium 2% - Iron 0%

Vitamin E 0% - Vitamin B6 2%

Phosphorus 4%

*Percent Daily Values are based on a diet of other people's secrets.
†Your daily values may be higher or lower depending on your calorie needs.

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COOKIES & more

Specialty Snack & Beverage Distributor

145 Price Parkway • Farmingdale, NY 11735

TEL (631) 501-9141 • FAX (631) 501-9151

www.cookiesandmoreinc.com

Nutrition Facts	
1 serving per container	
Serving size 1 Bag (25g)	
Amount per serving	
Calories	100
% Daily Value*	
Total Fat 2.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 0g	
Vit. D 0mg 0% • Calcium 0mg 0%	
Iron 0mg 0% • Potas. 0mg 0%	
*Percent Daily Values are based on a diet of other people's secrets.	
INGREDIENTS: Corn Starch, Potato Starch, Tapioca Starch, Palm Oil, Salt, Candies, Colored Sugar, Sunflower Lecithin, Baking Powder (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Yeast, Citric Acid.	
DISTRIBUTED BY: S-L Snacks National, LLC Charlotte, NC 28277-2706 USA © 2017 S-L Snacks National, LLC	
WE ARE NOT CONNECTED WITH "GOD OF HEAVEN" (SERIAL, PA 19380)	
This product is certified gluten-free by the Gluten-Free Certification Organization. For more information, visit www.GFCO.org.	



Gluten Free

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100 Calorie Pack

Pretzel Sticks

PER 25g SERVING

100 CALORIES

1 SAT FAT

240mg SODIUM

1 TOTAL SUGARS

✓ Great Taste
✓ No Soy
✓ No Dairy
✓ No Casein
✓ No Egg

Certified
GF
Gluten Free

Calories 110

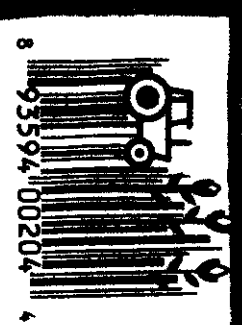
* Daily Values	
Total Fat	3g 4%
Saturated Fat	0g 0%
Trans Fat	0g
Cholesterol	0mg 0%
Sodium	135mg 6%
Total Carbohydrate	20g 7%
Dietary Fiber	0g 0%
Total Sugars	1g
Includes 0g Added Sugars	0%
Protein	2g
Vit. D	0mcg 0%
Calcium	8mg 0%
Iron	0mg 0%
Potassium	35mg 0%

INGREDIENTS: YELLOW CORN, SUNFLOWER OIL, WHEY, MALTODEXTRIN, SALT, BUTTER POWDER (BUTTER [CREAM, SALT], NONFAT DRY MILK), NATURAL FLAVOR.

ALLERGENS: CONTAINS MILK INGREDIENTS.

**BFY BRANDS, 79 Industrial Place
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**MADE IN A FACILITY THAT DOES NOT
PROCESS PEANUTS OR TREE NUTS.**



BEST BY

WHY YOU CAN
BETTER ---
BY PARTNERING WITH
FARMERS WHO
LAUGHING AND
DOING A LITTLE BETTER



Naturally, it starts at the farm. We partner with the best farmers we know to end getting only the best **NON-GMO CORN** as

From there, every crop goes to perfection. The result is a crunchily and wholesome experience like no other. For happy and healthy kids, we are always in your corner. **DO ONE BETTER**

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