

2023 Crestwood Lunch Allergy Information & Sub Form

Listed below are the common allergens found in the specific menu items.

If you have any questions please contact Heather in the Crestwood office at 631-692-6361.

Please return via email to heatherbermancw@gmail.com by July 17.

Child's Name _____

Allergy _____

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AUG	Please use this form to specify foods your child CAN NOT eat due to allergies or medical issues. <i>*Food labels are based on most recent order. Subject to change based on availability.</i>	<p style="text-align: center;"><u>Instructions For Requesting A Substitute</u></p> If your child requires a substitution, cross out the main dish and write in a substitution from the list below. <p style="text-align: center;"><u>VIEW ALL FOOD INGREDIENTS</u></p>		
July 24 Grilled Cheese WHEAT, SOY, MILK Egg & Sesame Facility	July 25 Nuggets & Wings WHEAT, SOY	July 26 Mozzarella Sticks WHEAT, DAIRY, EGG	July 27 Popcorn Chicken WHEAT, SOY	July 28 Pizza WHEAT, MILK, SOY
July 31 French Toast Sticks WHEAT, SOY	Aug 1 Chicken Tenders WHEAT, MILK, SOY	Aug 2 Pizza WHEAT, MILK, SOY	Aug 3 Spaghetti & Meatballs WHEAT, EGG, SOY, MILK	Aug 4 Grilled Cheese WHEAT, SOY, MILK Egg & Sesame Facility
Aug 7 Chicken Nuggets WHEAT, SOY	Aug 8 Mac & Cheese WHEAT, MILK, SOY	Aug 9 Popcorn Chicken WHEAT, SOY	Aug 10 French Toast Sticks WHEAT, SOY	Aug 11 Spaghetti & Meatballs WHEAT, EGG, SOY, MILK
Aug 14 Pizza WHEAT, MILK, SOY	Aug 15 Grilled Cheese WHEAT, SOY, MILK Egg & Sesame Facility	Aug 16 Chicken Tenders WHEAT, MILK, SOY	Aug 17 Crestwood Pasta Gala WHEAT, MILK, EGG, SOY	Aug 18 Chicken Delight WHEAT, SOY, MILK

Substitutes

- Beef Hamburger
- Veggie Burger (SOY)
- Turkey Hot Dog (Ages 5 & Older)
- Tuna Salad Sandwich (EGG, SOY, WHEAT)
- Egg Salad Sandwich (EGG, SOY, WHEAT)
- Sliced Turkey Breast
- Low Fat Yogurt (MILK)
- American Cheese Sandwich (SOY, MILK, WHEAT)
- WowButter Sandwich (SOY, WHEAT)
- Plain Pasta (WHEAT)
- Chicken (SOY)
- Bagels (WHEAT, may contain SESAME)
- Buns (WHEAT, SOYBEAN OIL)
- Bread (WHEAT, SOY)
- Grilled Cheese (WHEAT, MILK, SOY)
- *bread/buns made in a facility w/ egg & sesame*

Kosher

- Beef Hamburger
- Beef Hotdog (Ages 5+) (Soy Protein)

Snacks + Cookout

- Goldfish (WHEAT, MILK)
- Pretzels (WHEAT)
- Graham Crackers (WHEAT, SOY)
- Animal Crackers (WHEAT, MILK, EGG, SOY)
- Chocolate Chip Cookies (WHEAT, MILK, EGG, SOY)
- Cookout Cake (MILK, EGG, WHEAT, SOY)
- Home Free Cookies (NO EGG, MILK, NUT, WHEAT, SOY PROTEIN)
- Ices / Ice Cream / Afternoon Snacks

Notes: