

# CRESTWOOD Lunch Menu SUMMER 2023

**SESSION 2** July 22-Aug 18

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**



<p><b>24</b></p> <p><b>Grilled Cheese</b> String Beans Fresh Tossed Salad Fresh Fruit</p>	<p><b>25</b></p> <p><b>Nuggets &amp; Wings</b> Corn Fresh Tossed Salad Fresh Fruit</p>	<p><b>26</b></p> <p><b>Mozzarella Sticks</b> Peas Fresh Tossed Salad Fresh Fruit</p>	<p><b>27</b></p> <p><b>Popcorn Chicken</b> Broccoli Fresh Tossed Salad Fresh Fruit</p>	<p><b>28</b></p> <p><b>Pizza</b> Peas Fresh Tossed Salad Fresh Fruit</p>
<p><b>31</b></p> <p><b>French Toast Sticks</b> Fresh Tossed Salad Fresh Fruit</p>	<p><b>1</b></p> <p><b>Chicken Tenders</b> Mixed Vegetables Fresh Tossed Salad Fresh Fruit</p>	<p><b>2</b></p> <p><b>Pizza</b> String Beans Fresh Tossed Salad Fresh Fruit</p>	<p><b>3</b></p> <p><b>Spaghetti and Meatballs</b> Broccoli Fresh Tossed Salad Fresh Fruit</p>	<p><b>4</b></p> <p><b>Grilled Cheese</b> Peas Fresh Tossed Salad Fresh Fruit</p>
<p><b>7</b></p> <p><b>Nuggets</b> Corn Fresh Tossed Salad Fresh Fruit</p>	<p><b>8</b></p> <p><b>Mac &amp; Cheese</b> Peas Fresh Tossed Salad Fresh Fruit</p>	<p><b>9</b></p> <p><b>Popcorn Chicken</b> Sweet Potato Fries Fresh Tossed Salad Fresh Fruit</p>	<p><b>10</b></p> <p><b>French Toast Sticks</b> Orange Juice Fresh Tossed Salad Fresh Fruit</p>	<p><b>11</b></p> <p><b>Spaghetti and Meatballs</b> Broccoli Fresh Tossed Salad Fresh Fruit</p>
<p><b>14</b></p> <p><b>Pizza</b> Peas Fresh Tossed Salad Fresh Fruit</p>	<p><b>15</b></p> <p><b>Grilled Cheese</b> String Beans Fresh Tossed Salad Fresh Fruit</p>	<p><b>16</b></p> <p><b>Chicken Tenders</b> String Beans Fresh Tossed Salad Fresh Fruit</p>	<p><b>17</b></p> <p><b>Crestwood Pasta Gala</b> Fresh Tossed Salad Fresh Fruit</p>	<p><b>18</b></p> <p><b>Chicken Delight</b> Mixed Vegetables Fresh Tossed Salad Fresh Fruit</p>

## WEEKLY COOKOUTS

Each child will have a weekly cookout day with grilled hot dogs, hamburgers, chicken breasts, veggie burgers, french fries, and fixin's bar. Birthday dessert will be provided at weekly cookout.

## Substitutes

ALWAYS AVAILABLE

Hamburger • Frankfurter (ages 5 and older)  
Sliced Turkey Breast • Tuna Salad • Egg Salad  
Low Fat Yogurt • American Cheese  
Veggie Burger • Soy Nut Butter  
Pasta • Grilled Cheese  
Bagels

## Snacks

Water and Juice  
is served every morning  
along with assorted crackers,  
pretzels and cookies  
Ice Cream and Ices  
are served every afternoon

## Drinks

Juice  
Milk  
Skim Milk  
Ice Water

Crestwood will do its best to meet special dietary needs.

**CRESTWOOD** pure joy  
Camp • School