2024 Crestwood Lunch Allergy and Sub Menu Form

Child's Name:	Allergies:	
Group:		

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JULY	cannot eat, and write in provided list.	HER VIA EMAIL BY JUNE 1:	JUNE 27 PIZZA WHEAT. MILK. SOY	JUNE 28 CHICKEN TENDERS WHEAT, MILK, SOY
JULY 1	JULY 2	JULY 3	JULY 4	JULY 5
POPCORN CHICKEN WHEAT. SOY	GRILLED CHEESE WHEAT, SOY, MILK Egg & Sesame Facility	MEATBALL HERO EGG, MILK. SOY, WHEAT		
JULY 8	JULY 9	JULY 10	JULY 11	JULY 12
RENCH TOAST STICKS WHEAT. SOY	PIZZA WHEAT, MILK, SOY	MAC & CHEESE WHEAT, MILK, SOY	CHICKEN TENDERS WHEAT, MILK, SOY	BAKED ZITI MILK, EGG, WHEAT
JULY 15	JULY 16	JULUY 17	JULY 18	JULY 19
GRILLED CHEESE WHEAT, SOY, MILK Egg & Sesame Facility	CHICKEN NUGGETS WHEAT, SOY	PIZZA WHEAT. MILK. SOY	MEATBALL HERO EGG, MILK. SOY, WHEAT	LASAGNA ROLL WHEAT, EGG, MILK
JULY 22	JULY 23	JULY 24	JULY 25	JULY 26
PIZZA WHEAT. MILK. SOY	MAC & CHESE WHEAT, MILK, SOY	CHICKEN TENDERS WHEAT, MILK, SOY	FRENCH TOAST STICKS WHEAT. SOY	POPCORN CHICKEN WHEAT. SOY

INSTRUCTIONS

Use this form to specify foods your child cannot eat due to allergies or medical issues. If you have any questions contact Heather in the Crestwood office at 631.692. 6361

CLICK HERE TO VIEW ALL FOOD LABELS AND INGREDIENTS ON OUR WEBSITE

DAILY SUBSTITIUES

Beef Hamburger (Cookout) Veggie Burger (SOY) (Cookout) Turkey Hot Dog (Ages 5 & Older) (Cookouot) Grilled Chicken (Cookout) Tuna Salad Sandwich (EGG, SOY, WHEAT) Egg Salad Sandwich (EGG, SOY, WHEAT) Sliced Turkey Breast Low Fat Yogurt (MILK) American Cheese Sandwich (SOY, MILK, WHEAT) WowButter Sandwich (SOY, WHEAT) Plain Pasta (WHEAT) Grilled Chicken (SOY) (Cookout) Bagels (WHEAT, may contain SESAME) Buns (WHEAT, SOYBEAN OIL) Bread (WHEAT, SOY) Grilled Cheese (WHEAT, MILK, SOY) *bread/buns made in a facility w/ egg & sesame

KOSHER

Beef Hamburger Turkey Hot Dog (Ages 5 & Older)

Goldfish (WHEAT, MILK)

SNACKS

Pretzels (WHEAT)
Graham Crackers (WHEAT, SOY)
Animal Crackers (WHEAT, MILK, EGG, SOY)
Ritz Crackers (WHEAT, SOY)
Nilla Wafers (WHEAT, MILK, EGG SOY)
Chocolate Chip Cookies (WHEAT, MILK, EGG, SOY)
ZEE ZEE Bars (Various Allergens - See Website)
Cookout Cake (MILK, EGG, WHEAT, SOY)
Home Free Cookies (NO EGG, MILK, WHEAT, SOY)
Ice Cream and Ices (Various - See Website)

GLUTEN FREE MENU AVAILABLE * pls inquire

NOIES:			