

GF AUGUST 2025 CRESTWOOD LUNCH SUB MENU

CAMPER NAME: _____ ALLERGIES:

GROUP: _____

INSTRUCTIONS: Please cross out menu items your child cannot eat and write in substitute from below list. Return form via email to Food Allergies/ Dietary Restrictions Coordinator at heatherbermancw@gmail.com

MON	TUES	WEDS	THURS	FRI
JULY 28 GRILLED CHEESE	29 CHICKEN TENDERS	30 COOKOUT Burgers, Turkey Hot Dogs, Chicken	31 CHICKEN TENDERS	AUG 1 PIZZA
4 FRENCH TOAST (Udi's Bread)	5 PIZZA	6 CHICKEN TENDERS	7 PASTA /TURKEY MEATBALL	8 PASTA
11 PIZZA	12 COOKOUT Burgers, Turkey Hot Dogs, Chicken	13 PASTA TURKEY MEATBALL	14 FRENCH TOAST	15 CHICKEN TENDERS
18 GRILLED CHEESE	19 CHICKEN TENDERS	20 PIZZA	21 PASTA	22 CHICKEN TENDERS

DAILY SUBSTITUTES (Always Avail)

Beef Hamburger
Veggie Burger
Turkey Hot Dog (Ages 5 & Older)
Sliced Turkey Breast
Low Fat Yogurt
Tuna Sandwich
Egg Salad Sandwiches
Plain Pasta
Grilled Chicken

Udi's Bagels, Buns, Bread

SNACKS

Pirate's Booty
Snyders Pretzels
Home Free Cookies
Lays Potato Chips
Frito's Chips

KOSHER (Beef Burger, Beef Hot Dog)

NOTES: